



**Cayman Islands
National Optimist Championship
together with Laser 4.7 Regatta
27th & 28th October 2018**

Notice of Race and Sailing Instructions

1 RULES

- 1.1** The regatta will be governed by the Rules as defined in *The 2017-2020 Racing Rules of Sailing (RRS)*.

2 VENUE

- 2.1** This regatta will be held at the Cayman Islands Sailing Club (CISC), 244 Spinnaker Road, Red Bay, Grand Cayman.
- 2.2** Racing area will be on the North Sound, the exact location will be determined on the day of racing.

3 ELIGIBILITY AND ENTRY

- 3.1** This event is open to all Optimist (Championship and Green Fleet) and Laser 4.7 sailors.
- 3.2** Sailors in the Optimist class shall be under the age of 16 on 31st December 2018.
- 3.3** Eligible boats may enter by completing the attached form at the end of this document and sending it, together with required fee, to admin@sailing.ky by 25th October.

4 FEES

- 4.1** Required fees are as follows:
Registration
US\$80

Registration fee	US\$80
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5 REGISTRATION & SCHEDULE

5.1 Please send all registration forms to Denise admin@sailing.ky and coach@sailing.ky

5.2 Dates of racing:

<i>Date</i>	<i>Time</i>
27th October	0900 Skippers meeting (Championship) 1000 First warning (Laser 4.7) 1005 First warning (Optimist Championship fleet) 1400 Skippers meeting (Green Fleet) 1500 First warning (Green fleet)
28 th October	0900 First warning (Laser 4.7 fleet) 0905 First warning (Optimist Championship) 1230 First warning (Green fleet) 1330 No race will start after this time. 1500 Awards Ceremony at the Commodore's house - next door

to the sailing club

6 FORMAT

6.1 The regatta will consist of a single series with a total of 7 races.

6.2 There will be a maximum of 5 races a day.

6.3 The number of races will be as follows:

CLASS	DATE	NO. RACES	COURSE
Laser 4.7	27 th Saturday	Up to 5	Course A
Optimist (Championship)	27 th Saturday	Up to 5	Course B
Optimist Green	27 th Saturday	TBA	Course C
Laser 4.7	28 th Sunday	3	Course A
Optimist (Championship)	28 th Sunday	3	Course B
Optimist Green	28 th Sunday	TBA	Course C

7 CLASS FLAGS

7.1 Class flags will be:

CLASS	FLAGS
Laser 4.7	Laser flag
Optimist (Championship & Green)	Optimist flag

8 COURSE

8.1 The course to be sailed Trapezoid, the approximate angles between legs, the order in which marks are to be passed and which side of the mark is to be sailed.

9 MARKS

9.1 Mark 1, 2, 3 will be yellow Harbour House balls and mark 4 will be an orange tetrahedron mark.

10 THE START

10.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.

10.2 The starting line will be between the yellow pole on the committee boat and the orange buoy at the pin end.

10.3 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing.

11 THE FINISH

11.1 The finishing line will be between the yellow pole on the committee boat and mark 4 (orange tetrahedron mark)

12 PENALTY SYSTEM

12.1 The RRS 44.1 applies to both Laser and Optimist classes.

13 SCORING

13.1 The Low Point Scoring System of RRS Appendix A will apply.

13.2 Three races are required to be completed to constitute a series.

13.3 When four races have been completed, a boat series score will be the total of her race scores. When five or more races have been completed, a boat's series score will be the total of her races excluding her worst score.

14 NOTICES TO COMPETITORS

14.1 Notices to competitors will be posted on the official notice board located outside the sailing centre.

15 CHANGES TO THE NOR/SI

15.1 Any changes to the NOR/SI will be posted before 0900 on the day it will take effect, except that any change to the schedule of the races will be posted by 2000 on the day before it will take effect.

16 PRIZES

16.1 Prizes will be given as follows:

16.2 Laser 4.7 - 1st, 2nd, 3rd

16.3 Optimist Champion - 1st, 2nd, 3rd

16.4 National Optimist Champion 1st

16.5 Optimist Green – 1st, 2nd, 3rd

17 TRASH DISPOSAL

17.1 Trash may be placed aboard support boat or official boats.

18 SAFETY REGULATION

18.1 Competitors shall wear personal flotation devices at all times while afloat, except briefly, while changing clothing or personal equipment.

19 DISCLAIMER OF LIABILITY

19.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

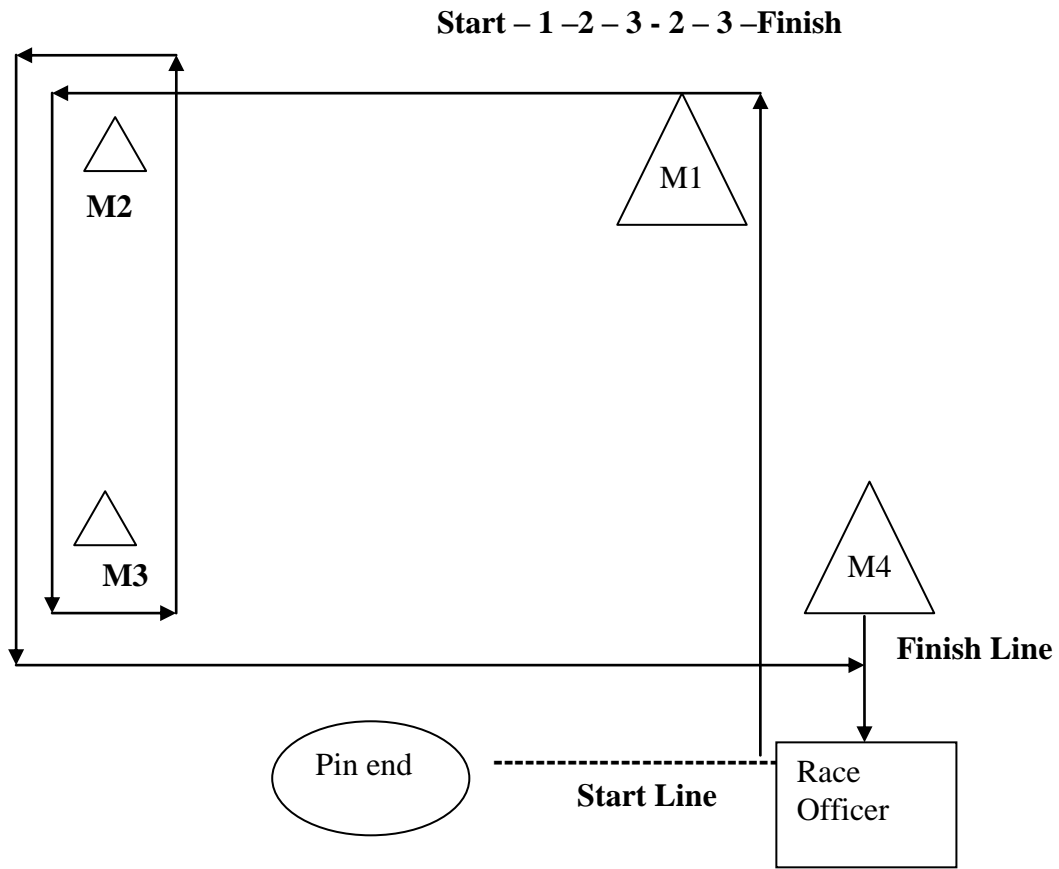
20 MEDIA RIGHTS

20.1 By participating in this regatta, competitors automatically grant to the organizing authority, Cayman Island Sailing Club, the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures or photograph taped and other reproductions of the athlete during the period of the competition without compensation.

21 FURTHER INFORMATION

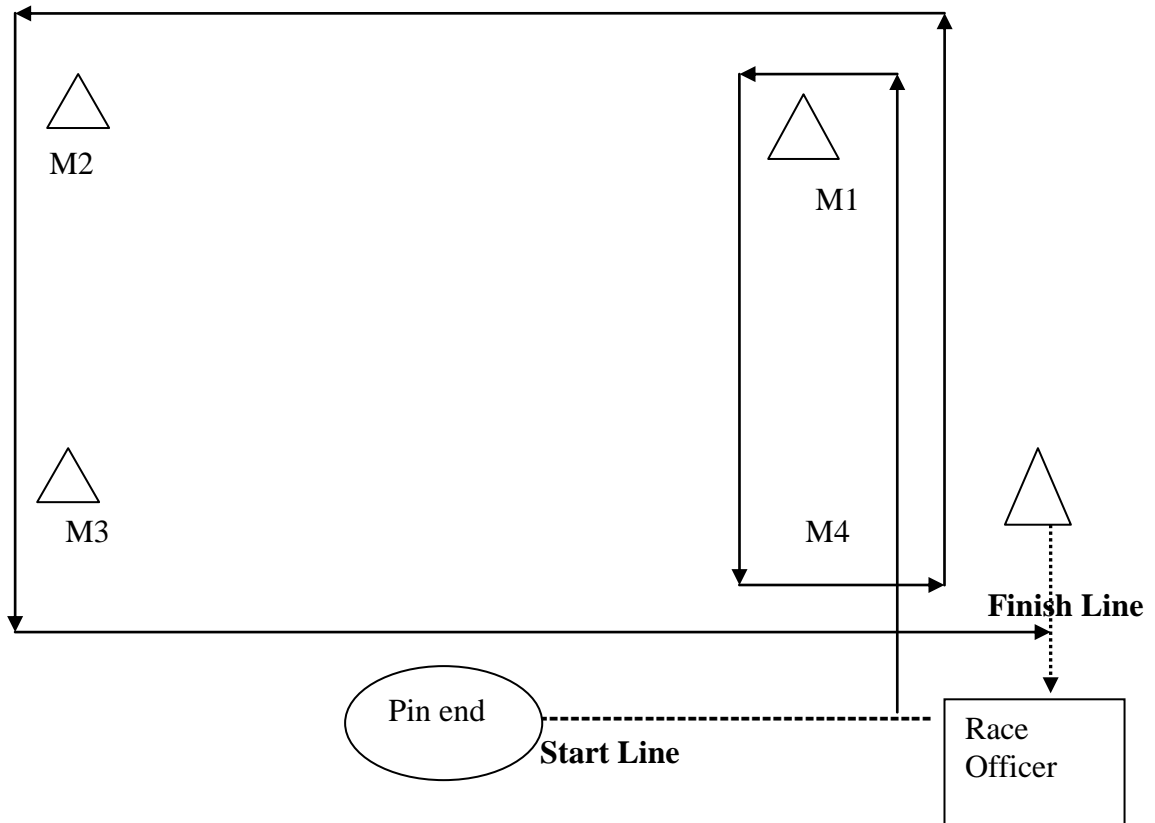
21.1 For further information please contact Raph: coach@sailing.ky

Course A (Laser 4.7) Trapezoid (Outer Loop)



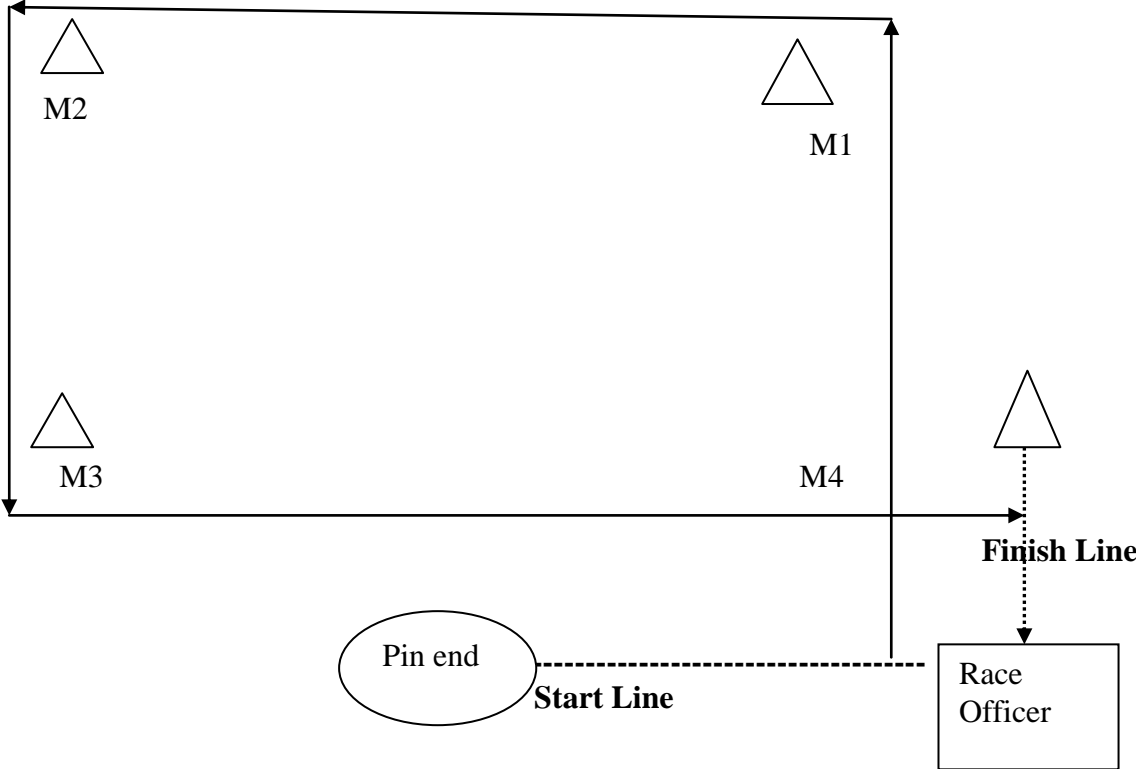
Course B (Optimist) Trapezoid (Inner Loop)

Start - 1 - 4 - 1 - 2 - 3 - Finish



Course C (Optimist Green)

Trapezoid (Inner Loop)
Start – 1 – 2 – 3 - Finish





Cayman Islands
National Optimist Championship
Regatta
27th & 28th October

Registration Form

Please send registration and payment to the Cayman Islands Sailing Club or mail P.O. Box 32137 Grand Cayman KY1-1208.

Registration begins 15th October 2018.

Cost is US\$80.

Please make cheques payable to CISC

Competitor's Name: _____

Phone number: _____

Email address: _____

Date of Birth: _____

Boat type (*circle one*):

Laser Standard/Radial/4.7

OPTIMIST Championship/Optimist Green

Boat Required? YES/NO