



Seaboard Marine 2016 Optimist North American Championship

NELSON'S DOCKYARD, ENGLISH HARBOUR, ANTIGUA
July 10 - 18

ORGANISING AUTHORITY

The Seaboard Marine 2016 Optimist North American Team Racing Championship and the Nations Cup 2016 are organized by the Antigua Yacht Club with the endorsement of Antigua Sailing Association under the authority of the International Optimist Dinghy Association (IODA).

TEAM RACING SAILING INSTRUCTIONS

ABBREVIATIONS

SP	Rules for which a standard penalty may be applied by the race committee without a hearing or a discretionary penalty applied by the International Jury without a hearing.
DP	Rules for which the penalties are at the discretion of the International Jury
NP	Rules that are not grounds for protest by a boat

1. RULES

- 1.1. The Regatta will be governed by the 'rules' as defined in The Racing Rules of Sailing (RRS).
- 1.2. Appendix D will apply including D.2.2 (single flag procedure) but deleting D1.1(d).
- 1.3. The first sentence of D3.1(d)(3) is deleted and replaced by: "when the boat has broken rule 1 or 2, rule 14 when she has caused damage or injury, or a rule when not racing, either the boat's score may be increased or half or more race wins may be deducted from her team, or no penalty may be imposed."
- 1.4. When a boat starts and finishes, and breaks rule 28.1 by failing to sail the course described in the Sailing Instructions, 6 points shall be added to her score without a hearing. This changes rule A5.
- 1.5. No national authority prescriptions will apply.
- 1.6. **[NP]** Rule 40 and the preamble to Part 4 are changed as follows:
 - (a) The first sentence of rule 40 is deleted and replaced by: "Each competitor shall wear a personal flotation device (PFD) according to class rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing."
 - (b) Add to the preamble of Part 4, after 'racing': ", except rule 40 as amended by SI 1.5(a)."
- 1.7. If there is a conflict between languages the English text will take precedence.

2. CAMERAS AND ELECTRONIC EQUIPMENT **[NP][DP]**

- 2.1. Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organizing authority. Information from this equipment shall not be used by a boat as evidence in a hearing. This changes rule 63.6.
- 2.2. The equipment provided, once placed on the boat as instructed by the organizing authority, shall not be manipulated by the competitor or the coach in any way, except when so required by the organizing authority.

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3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located on the walls and windows of the Race Office, at The Officers Quarters. Signals made ashore will be displayed from the official flagpole located in the Dockyard.
- 3.2. **[NP]** Flag D displayed with one sound means: 'the warning signal will be made not less than 60 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made.
- 3.3. Flag B displayed means 'Sailing Instruction 19.3 applies'.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any written changes to the Sailing Instructions or the schedule will be approved by the IODA Principal Race Officer (IODA PRO) and posted on the official notice board at least 15 minutes before the warning signal of the race from which it will take effect.
- 4.2. Sailing Instructions may be changed orally by the Race Committee and/or the Umpires before the warning signal, when flag L is displayed. It is the responsibility of each team to obtain any oral instructions given. These changes will also be communicated to the coaches on VHF channel 06 for the TRNAC and VHF channel 12 for the Nations Cup.
- 4.3. Changes to the format of racing and the publication of the schedule of subsequent races made on the water will be announced as described in instruction 4.2.

5. BOATS [DP]

- 5.1. Charter boats are not mandatory. Competitors sailing on charter boats shall use the boats according to paragraph 16 of the Notice of Race. Except for the foils, spars, fittings and running rigging, all equipment provided with the charter boats for sailing purposes shall be on the boat while afloat.
- 5.2. **[NP]** Competitors sailing on charter boats shall report any damage or loss of equipment, however slight, to the Organizing Authority's representative immediately after securing the boat ashore.
- 5.3. Failure or loss of chartered equipment will not be grounds for a request for redress. This changes rule 62.1(a).
- 5.4. **[NP]** Hulls, foils and daggerboard of chartered and non chartered equipment may be cleaned, but only with water.

6. RESERVE

7. FORMAT OF RACING

- 7.1. The event will be a four-boat against four-boat team race. For teams having five competitors, any four may compete in a race, provided that the fifth competitor remains in the area designated for coaches, or ashore, from the warning signal of that race until that race has been completed.
- 7.2. Attachment 1 shows the intended racing format. The format may be modified during the event in a fair and practical way as solely determined by the IODA PRO taking into account the entries, weather conditions, time constraints and any other relevant factors.
- 7.3. The Race Committee with the approval of the IODA PRO may decide not to run a re-sail if the

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result of that race is not relevant to the progress of any team to the next round.

- 7.4. For members entering more than one team each team will be identified as follows:
- Team 1: yellow ribbon
 - Team 2: blue ribbon
 - Team 3: no ribbon

Ribbons shall be displayed from the outboard end of the boom.

8. SCHEDULE OF RACES

DATE	SCHEDULE
July 13	1800 Time limit to hand in confirmation of participation
July 14	0830 Coaches meeting 1030 TRNAC, Nations Cup Races 1h after the last race, umpires and competitors debrief
July 15	Spare Day

9. CLASS FLAGS

The class flag will be a white flag with the Optimist Class logo.

10. RACING AREAS

Attachment 2 shows the location of the racing areas in Falmouth Harbour. The TRNAM will be sailed on Racing Area A. The Nations Cup will be sailed on Racing Area B.

11. THE COURSE

- 11.1. The diagram in Attachment 3 shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 11.2. The Race Committee may move marks of the course. Rule 33 will not apply. The moving of a mark by the Race Committee will not be grounds for a boat to request redress. This changes rule 60.1(b).
- 11.3. Courses will not be shortened. This changes rule 32.

12. MARKS

- 12.1. Marks will be as follows:

Event	Marks 1, 2, 3 and 4	Starting line port end mark	Finishing line port end mark
AREA A	Orange Spherical marks	Yellow Spherical buoy	Yellow spherical buoy
AREA B	Orange Tetrahedrons	Pink Spherical buoy	Pink spherical buoy

- 12.2. The starting and finishing marks will be a race committee boat and the buoy stated in the table in instruction 12.1.

13. THE START

- 13.1. Races will be started as follows:

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Signal	Min. before starting signal	Sound Signal	Visual Signal
Warning	3	One	Class flag displayed
Preparatory	2	One	"P" flag displayed
One-minute	1	One	"P" flag removed
Starting	0	One	Class flag removed

This changes rule 26.

- 13.2. The starting line will be between a staff displaying an orange flag on the starting mark on the starboard end and the starting mark on the port end.
- 13.3. When an individual recall is made, flag X will be displayed for up to 1 minute. This changes rule 29.1.
- 13.4. The race number and the country codes of the teams to start will be displayed on the stern of the committee boat before the warning signal. When the race number is displayed in this way, it overrides all prior communications, schedules or instructions. The Race Committee may at any time remove a particular race from the published sequence of races and run it at a later time.
- 13.5. **[DP] [NP]** Boats may approach the starting line only after the race number with their team's country code has been displayed. Boats that have finished shall return directly to the waiting area or ashore, keeping well clear of all boats racing and of all boats whose warning signal has been made.
- 13.6. The waiting area windward boundary will be designated by small pale orange/pink spherical marks.
- 13.7. A boat starting later than 2 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

14. THE FINISH

The finishing line will be between a staff displaying an orange flag on the finishing mark on the starboard end and the finishing mark on the port end.

15. TIME LIMITS AND ABANDONMENT

- 15.1. The time limit for each race will be 20 minutes. Boats failing to finish within 5 minutes after the first boat finishes will be scored DNF without a hearing. This changes rule 35.
- 15.2. The Race Committee may abandon a race for any reason. This changes rule 32.
- 15.3. Abandonment may be signaled orally by the Race Committee and/or the Umpires. Abandoned races may be re-sailed, and if so, a new warning signal will be made as soon as practical. This changes rule 32 and Race Signals.

16. UMPIRING AND FLAGS

- 16.1. The event will be umpired in accordance with Appendix D as modified by these Sailing Instructions. Some races may have more Umpires than others as determined by the Chief Umpire.
- 16.2. The required red protest flag shall be attached to the competitor, clothing or PFD, and be capable of being displayed at arm's length. To signal a protest, the flag shall be displayed

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from a concealed position to a position where it is easily visible to the protested boat and Umpires.

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1. For protests and requests for redress other than protests under a rule listed in rule D2.2, competitors shall inform an Umpire or the Race Committee at the first reasonable opportunity upon finishing. The Umpires will, when appropriate, hear protests and requests for redress while afloat.
- 17.2. The protest time limit for competitors is two minutes after finishing and for the Race Committee or Jury it is 60 minutes after the last boat finishes the last race of the day.
- 17.3. A hearing may be declined if it is not relevant to progress to the next round. This changes rule 63.1.
- 17.4. When a hearing ashore is necessary, the schedule will be published no later than 30 minutes after the end of the protest time limit.
- 17.5. Decisions of the Jury will be final as provided in rule 70.5.
- 17.6. Breaches of class rules, rule 55 and instructions marked **[NP]** will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches will be at the discretion of the jury.

18. SCORING

- 18.1. Rule D4 is deleted and replaced by:
Each team will race at least two times. Teams having lost two times are eliminated from the competition and may return ashore. The two remaining teams will race the SAIL OFF. This is a set of three races after which the winner of two of them becomes the winner of the championship.
- 18.1.1 If the SAIL OFF is not completed, the winner of race 23 will be the winner of the Team Racing event except that if only one race of the SAIL OFF is completed, the winner of that race will be the winner of the Team Racing event
- 18.1.2 If flight F (semi final) is not completed, the winner of R23 will be the winner of the TR and the winners of R27 and R28 will be ranked using, in order,
- (i) the number of races won when the two teams met;
 - (ii) the total points scored in all races against common opponents;
 - (iii) the order in which they entered the Team Racing event

19. SAFETY REGULATIONS [NP]

- 19.1 **[SP] Sign-Out and Sign-In Procedure.** The requirements of this instruction are specified for the safety of the competitors.
- 19.1 (a) The control point to Sign-Out and Sign-In competitors will be located on the verandah.
- 19.1 (b) The Team Leader of each country shall individually Sign-Out each competitor on their team each day before racing, beginning two hours before the scheduled warning for the day, by signing beside their own name in the space provided on the required form and marking an X beside the name of each of the competitors on their team that will be leaving the venue to race.

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19.1 (c) The Team Leader of each country shall individually Sign-In each competitor on their team each day after racing immediately upon returning to shore, but not later than the protest time limit, by personally signing beside their own name in the space provided on the required form and marking an X beside the name of each of the competitors on their team that have returned to the venue after racing.

- 19.2 **[DP]** A boat retiring from a race shall notify a race committee or safety boat before leaving the course and shall complete the relevant form available at the Race Office.
- 19.3 **[DP]** When code flag B is displayed ashore each Coach or Team Leader shall sign a checklist adjacent to registration room within 45 minutes after the flag has been displayed, to indicate that all team members have returned to shore.
- 19.4 **[DP]** Competitors who require assistance shall blow a whistle or wave the paddle or one arm. The race committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes rule 62.1(a).
- 19.5 **[DP]** When the Race Committee displays flag V with repetitive sounds, all official and support boats shall monitor the Race Committee VHF 06 for search and rescue instructions.

20 REPLACEMENT OF EQUIPMENT [DP]

- 20.1 Substitution of damaged or lost equipment will not be allowed unless approved in writing by the race committee. Requests for substitution shall be made to the race committee at the first reasonable opportunity.
- 20.2 Substitution of damaged or lost equipment may be permitted provided that the relevant form has been completed at the Race Office and both the damaged and the substituting equipment has been inspected by the Measurement Sub-Committee.
- 20.3 If the substitution was made on the water between races, both the damaged and the substituting equipment shall be presented to the Measurement Sub-Committee after the end of the day's racing. The substitution is subject to the approval of the race committee given retrospectively.

21 EQUIPMENT AND MEASUREMENT CHECKS[NP][DP][SP]

A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race or the Sailing Instructions. The following scoring penalties may be imposed without a hearing: minor class rule infringement: 1 point; intermediate class rule infringement 3 points; major class rule infringement: 6 points.

22 OFFICIAL AND ACCREDITED BOATS

22.1 Official boats will be identified as follows:

BOAT	FLAG
Race Committee Signal Vessel	White Flag with black 'RC'
Race Committee boats	White Flag with black 'RC'
Jury boats	Black flag with white 'J'
Rescue boats	Yellow flag

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Equipment Inspector boats	White flag with black 'M'
Support boats	White flag with black National Letters

22.2 Accredited boats will be identified as follows:

Press	Green flag
Spectators and VIP boats	Pink flag

23 SUPPORT BOATS [NP]

- 23.1 Support boats will be at the disposal of the Organizing Committee, which will re-allocate them to teams participating. This allocation will be done according to the number of boats available and the number of teams participating. The allocation will be announced at the Coaches' meeting.
- 23.2 **[DP]** Coach boats shall remain anchored within the designated waiting area shown on the diagram in Attachment 2 unless otherwise directed by the Race Committee and/or Umpires for safety purposes.
- 23.3 The penalty for failing to comply with paragraph 15 of the NoR and/or this instruction may result in the disqualification from the race/s in which the infringement took place, or another penalty at the discretion of the Jury, of the team associated with the infringing boat.
- 23.4 Coaches are encouraged to carry a working VHF radio.

24 TRASH DISPOSAL [NP][DP]

Trash may be placed aboard support and race committee boats.

25 PRIZES

Prizes will be awarded in accordance with the Notice of Race.

26 RISK STATEMENT

- 26.1 RRS 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor and the responsible adult agrees and acknowledges that:
- 26.1 a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- 26.1 b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- 26.1 c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- 26.1 d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- 26.1 e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- 28.1 f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances

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26.2 All competitors and support staff will be required to execute liability waiver.

27 INSURANCE

The purchase of third-party liability event insurance from IODA is mandatory. The purchase will be arranged through the IODA at a cost of USD 12 per competitor and per coach, payable to the organizers upon arrival, before registration is completed. Details of this insurance can be found at: http://www.optiworld.org/uploaded_files/thirdParty.pdf_1948_en.pdf

28 RIGHT TO USE NAMES AND LIKENESS

In participating in this championship, a competitor automatically grants to the organizing authority, the IODA and the sponsors of the championship the right in perpetuity to make, use and show at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of him or her during the championship, and of all of his or her material related to the championship, without compensation.

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ATTACHMENT 1 – FORMAT OF RACING – Grid in separate file

Note: This attachment must be read together with the relevant grid.

Flight A	
R1	Team 1
	Team 16
R2	Team 8
	Team 9
R3	Team 5
	Team 12
R4	Team 4
	Team 13
R5	Team 3
	Team 14
R6	Team 6
	Team 11
R7	Team 7
	Team 10
R8	Team 2
	Team 15

Flight B	
R9	Winner R1
	Winner R2
R10	Loser R2
	Loser R1
R11	Winner R3
	Winner R4
R12	Loser R4
	Loser R3
R13	Winner R5
	Winner R6
R14	Loser R6
	Loser R5
R15	Winner R7
	Winner R8
R16	Loser R8
	Loser R7

Flight C	
R17	Winner R9
	Winner R11
R18	Winner R10
	Loser R11
R19	Loser R9
	Winner R12
R20	Winner R13
	Winner R15
R21	Winner R14
	Loser R15
R22	Loser R13
	Winner R16

Flight D	
R23	Winner R17
	Winner R20
R24	Winner R19
	Loser R20
R25	Loser R17
	Winner R21
R26	Winner R18
	Winner R22

Flight E	
R27	Winner R24
	Winner R25
R28	Loser R23
	Winner R26

Flight F	
R29	Winner R27
	Winner R28

Final SAIL OFF	
R30, R31, R32	Winner R23 vs. Winner R29

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ATTACHMENT 2 – RACING AREAS (Falmouth Harbour)

Race Area A : TRNAM

Race Area B: Nations Cup



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ATTACHMENT 3 – THE COURSE

