



## **13.INTERNATIONAL ISTANBUL Optimist Sailing WEEK 2015 (IIOW)**

**29 July – 02 August 2015**

### **NOTICE OF RACE**

#### **1.VENUE**

13. International Optimist Week will be held on 29 July-02 August 2015 in **Istanbul,TURKEY.**

#### **2.ORGANIZING AUTHORITY**

The IIOW is organized by Istanbul Sailing Club.

#### **3.LANGUAGE**

English shall be the official language for the International Istanbul Optimist Week (IIOW).

#### **4.RULES**

##### **4.1 The IIOW will be sailed under the following rules:**

- \* The 2013-2016 Racing Rules of Sailing (RRS),
- \* The current Class Rules of the IODA
- \* The Notice of Race (NOR),
- \* The Sailing Instructions (SIs)
- \* The Prescriptions of the Turkish Sailing Federation will not apply

##### **4.2 Category C will apply.**

4.3 The organisers may require competitors to display event sponsor advertising material. Stickers will be provided at registration. These should be attached to the boat in accordance with the instructions provided by the organiser.

4.4 The regatta is open to all Optimist Sailors (Girls & Boys), who comply with the ISAF Eligibility Code.

4.5 Sailing Instructions will be available at the registration.

4.6 All Sailors shall be born in 2000 or later.

4.7 Boats are exempted from displaying a red flag, according to IODA practice. Boats willing to protest shall inform the RC immediately after finishing

#### **5.INTERNATIONAL JURY**

An International Jury will be constituted in accordance with RRS

Decisions of the International Jury are final and not subject to appeal as provided in RRS 70.5

#### **6.FORMAT OF THE IIOW**

Boys and girls will sail in single fleet. No more than three races will be organized in a day.

#### **7.PROGRAMME**

<b>28 July</b>	<b>Early arrivals/Accommodation</b>	
<b>29 July</b>	<b>Official arrival day/Accommodation</b>	
	<b>Registration</b>	<b>09:00 – 18:00</b>
	<b>Opening Ceremony</b>	<b>19:30</b>
<b>30 July</b>	<b>Skippers/Coaches Briefing</b>	<b>10:00</b>
	<b>Races (First Warning signal)</b>	<b>12:00</b>
<b>31 July</b>	<b>Races</b>	
<b>01 August</b>	<b>Races</b>	
<b>02 August</b>	<b>Races (No Warning after 15:00 hours)</b>	
	<b>Prizegiving Ceremony (asap after the race)</b>	
<b>03 August</b>	<b>Free city visit day</b>	
<b>04 August</b>	<b>Official departure day</b>	

## **8. SCORING**

- 8.1** There will be separate overall rankings for Boys - Girls & Junior categories, Junior sailors must be born 2004 or later.
- 8.2** Regatta score will be established as follows:
- \*Total 11 races are planned.
  - \*When fewer than 4 races have been completed, a boat's score is the total of her race scores.
  - \*When from 5 to 9 races have been completed, a boat's score is the total of her race scores excluding her worst score.
  - \*When 10 or more races have been completed, a boat's score is the total of her race scores excluding her two worst scores.
- 8.3** The minimum number of races for the validation of the International Optimist Week is 3 races.

## **9. ENTRY – CHARTER & ACCOMODATION FEES**

- 9.1** There will be NO ENTRY FEE for the IIOW.
- 9.2** Charter boats available at the basis of ( first come first serve). The charter fee is EUR 100 for the event. Participants may enter with their own boats. For charter boats, participants shall bring their sails, with them and may use their spars and foils if they wish.
- 9.3** Accomodation and food is provided as per the following principles:
- a) Bed & Breakfast EUR 15/day/person in club rooms. (rooms of 4 and 8)
  - b) Lunchpacks may be ordered to the club's restaurant EUR 5/each.
  - c) Lunches and dinners "a la carte" at club's restaurant.
- 9.4** TRANSFER from and to the airports of Istanbul is provided by the club, at the cost of € 10 per person, in condition to give preliminary flight schedule information.

## **10. SAFETY**

- 10.1** In addition to IODA Class Rules 4.2 (A) and (B), 4.3 (A) and (B), each boat shall have on board a secured paddle and each competitor shall carry a whistle attached to clothing with a lanyard. Competitors not complying with this instruction will be attributed a penalty of 3 points for each race of the day on which they have failed to observe this instruction.
- 10.2** Adequate personal buoyancy shall be worn at all times while afloat. Wet suits and dry suits do not constitute adequate personal buoyancy. If the buoyancy device is of an inflatable type, it shall be inflated at all times while afloat. This changes RRS 40.

## **11. SUPPORT BOATS**

- 11.1** Coaches, team leaders or representatives from participating teams shall be registered at the Race Office before 10:00 hours on the first racing day.
- 11.2** The Club will organise, FREE, a large Coach boat on shared basis for teams not having a support boat.
- 11.3** During the races, all support boats shall remain at least 100 meters outside of the racing area. Only at the discretion of the Race Officer, those boats may enter the racing area and intervene in emergency cases.

## **12. PRIZES**

- a) Cups will be given to first 5 boats Overall, 3 first Girls, 3 Junior Boys & 3 Junior Girls.
- b) 2 units of brand new Optimist will be given by lot, among all participating sailors, present during the prize giving ceremony, regardless their score.

## **13. SOCIAL EVENTS**

To enhance the friendship between the participants and to make their stay in Istanbul more enjoyable, appropriate social events will be organised.

#### **14.WIND INFORMATION**

Average wind speed in July is 10-14 knots (N-NE)

#### **15.DISCLAIMER OF LIABILITY**

- 15.1** Competitors participate in the regatta entirely at their own risk. See RRS 4 (Decision to race) The Istanbul Sailing Club and all parties involved in the regatta organisation will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.
- 15.2** All Support staff as well as the competitors, will be required to execute this liability waiver.

#### **16.INSURANCE**

Organiser strongly advice competitors to have a third party liability insurance.

#### **17. VENUE**

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*Att.MR YALCIN GURKAN*

#### **18.ENTRIES & RESERVATIONS**

**18.1** For reasons of planning (accommodation and boats available for chartering) the entries and club rooms reservation requests shall be made: *until: JUNE 15th, 2015* to Istanbul Sailing Club by a written message clearly indicating the names, birth dates, gender and nationality of participating sailors as well as the accompanying support personel.

**Istanbul Sailing Club**  
**February 15th, 2015**