

Carla

FIRST
RACE
2016

CURE
RETT
SYNDROME



REGATTA 2 i 3 APRIL 2016
Sant Feliu de Guíxols
GIRONA
SPAIN



"Our idea of organizing a regatta for Carla comes from far away, just to make a small present to our daughter, for sharing the long ragatta's days. Walk up, walk down; watching everything and everyone; suffering cold and heat; enjoying the affection samples; living with their heavy disease with her beautiful and lovely smile.

Gonzalo de Maqua, ACCIO president, decided take this beautiful dream and make it happen searching the support of many others lovely persons in sail organizations. We can't share this dream with our princess. On 16 May 2015 Carla took a magic wave to achieve freedom and peace that nowadays is incompatible with Rett Syndrome. Now, she is an angel with beautiful smile under her beautiful freckles; a mermaid dancing with the waves and hidden under the wakes of ships.

Carla gives us the power and energy to promote and share the sailing values: commitment, effort, participation, overcoming spirit... All this just to cure Rett syndrome as soon as possible. Thousands of Rett girls will be free, and will stay here with their families.

And their happiness will be our best race."

Artur, Guillem i Dolo



RETT SYNDROME

Rett syndrome is caused by mutations on the X chromosome on a gene called MECP2. Rett syndrome causes problems in brain function that are responsible for cognitive, sensory, emotional, motor and autonomic function. These can include learning, speech, sensory sensations, mood, movement, breathing, cardiac function, and even chewing, swallowing, and digestion.

The symptoms appear after an early period of apparently normal or near normal development until six to eighteen months of life, when there is a slowing down or stagnation of skills. A period of regression then follows when she loses communication skills and purposeful use of her hands.

Today there is no treatment to cure Rett. Many researches try to find it. That's why Carla Regatta want to contribute to accelerate the discovery of treatments for the girls, the development of drugs, and even reset the neurological development in Rett syndrome. Cure Rett syndrome.



**FINANCIAL RESOURCES
WILL GO TO DR. MANEL ESTELLER,
THE FOUNDATION RESEARCH IDIBELL**



Foundation IBIBELL : <http://www.pebc.cat/acerca-pebc.php>
Manel Esteller: <http://www.pebc.cat/grupodetalle.php?idg=7>
Research info: [http://www.pebc.cat/articulos/Improvement_Rett_Syndrome\[1\].pdf](http://www.pebc.cat/articulos/Improvement_Rett_Syndrome[1].pdf)

SAIL & COMMITMENT



GOALS

- 1) Introduce Rett syndrome and the difficulties involved.**
- 2) Found raise to research for Foundation Idibell.**
- 3) To promote the values of solidarity and social commitment among sailors.**



THE REGATTA, ONE PARTY

This is the First Carla Regatta. Cure Rett Syndrome and combine sport activities with special program with music, gifts and surprises.

One of the main challenges is the participation of coaches and racers to make a choreography to form the word CARLA in the sea.

For further information:

<http://accio.sailti.com/ca/default/races/race/text/i-regata-carla-curem-sindrome-rett-%28curemos-sindrome-rett%29-es>

<http://www.vela.cat/noticies/item/2056-i-regata-carla-curem-la-s%C3%ADndrome-de-rett>

<http://cnsfg.cat/activitats/competicions/>

<https://www.facebook.com/regataCarla/>

@RegataCarla



WE NEED !

- 1) OPTIMIST SAILORS G1 G2 & G3**
- 2) PARTNERS, SPONSORS COMMITTED**
- 3) FINACIAL RESOURCES TO SUPPORT AND ACCELERATE RESEARCH**
- 4) PROMOTION OF PRESENCE, INTERVIEWS, ARTICLES, IN THE MEDIA**
- 5) SUGGESTIONS**
- 6) SMILES, OPTIMISM AND HOPE**

PLEASE CONTACT: accioptimist@gmail.com

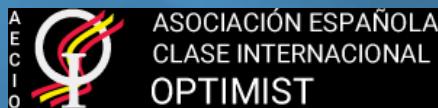
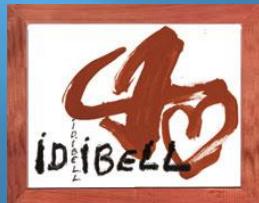
:PARTICIPA!



ORGANIZERS:



CONTRIBUTORS:







QUIM
MASFERRER



PERE
ARQUILLUÉ



NANDU I ANNA
CAN JUBANY



PEP SANCHO
FOTO/VIDEO

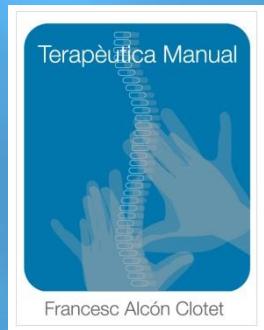
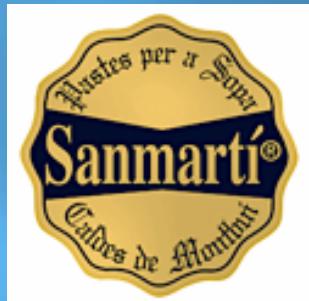


AMB MOLT DE GUST



LiveSailing TV





BARCELONA



SANT CUGAT DEL VALLÈS



SANT CUGAT DEL VALLÈS

MOLLET DEL VALLÈS

SANT CUGAT
DEL VALLÈS

SAIL & RESEARCH TO CURE RETT WE NEED YOU!!





THANKS A LOT !!