

APPENDIX TO THE SAILING INSTRUCTIONS: HEALTH INSTRUCTIONS

1. General context

The organizer as well as the participants in the "CIP d'Antibes" will be subject to national regulations issued by the government and to decrees issued by the prefect of the department.

2. Special provisions

2.1. Competitors and accompanying persons must comply with any request reasonable from an official of the event. Failure can be considered misconduct and be a penalize to the discretion of the jury. Measures reasonables takes by official of the event by our implementation guidelines, protocols or laws relating to Covid-19 are not actions or omissions inadequate, even though they s' later prove to be unnecessary.

2.2. Every runner, whatever their age, is perfectly aware:

- hygiene measures and distancing physical, called "gestures barriers to observe at any place and at any time, as well as additional provisions issued by the Ministry of Sports,
- the risk of contamination accentuated by the proximity another person, including sailing on yacht crewed or double, or other status of proximity of less than one meter, without the protections reinforced adequate,
- that despite the implementation of means of protection strengthened, the practice was expose to a health risk, in particular from contamination by Covid-19,
- that despite say pew e stand prizes and resources committed, welcome the establishment, structure / club, cannot guarantee total protection against exposure to and contamination from Covid-19
- that all these measures aim to preserve the health and physical capacities of the set of sailors.

2.3. A runner who presents a suspected case of Covid 19 must immediately abandon the race / Championship and comply with the instructions of the health authorities. If he does not place, he can be disqualified .

2.4. A COVID Management Unit is set up in the event of a suspected contagion and will be made up of :

- Représentant the organizing authority,
- The Federal Delegate,
- The President of the Race Committee,
- The president of the jury,

- The President of the class Olivier HUET DESAUYNAL

This unit will follow the recommendations issued by the Ministry of Sports in the document

"Health protocol Management of suspected cases and positive Covid-19 cases / sports movement":

<http://sports.gouv.fr/IMG/pdf/fichereentreeprotocolesanitaire.pdf>

This unit must be informed as soon as possible of any suspicion of COVID before, during and up to 7 days after the competition by telephone at the nautical center on 04 92 91 13 13. This cell will deal with any COVID suspicion and decide on the measures to be taken in such a case. Any decision of the COVID Unit is final and must be respected, in accordance with this appendix and the articles of the notice of race and the Sailing Instructions which deal with the Health Crisis.

3. Health protocol of the organizing authority

General principles applicable at all times ashore:

- Wearing a mask is compulsory throughout the site (excluding a sitting position at the table). The runners must wear a mask up to their launching (masks provided by their care). As soon as they return to land, the racers must submit a mask.
- Respect for distances and barrier gestures.
- Hand washing with hydro - alcoholic gel (provided by the organization) at each entry to the site as well at the level of sensitive areas and contacts.
- Messages audios will be made regularly to invite people to respect the distances of security and barriers gestures (washing hands and port of the mask) are in the public space.
- The directions of movement of the runners on site have been studied in order to respect the imposed measures and barrier gestures.
- Presence of bins on the site to receive Covid-19 waste (wipes, user masks etc).
- General washing of the site twice a day with virucide.
- Virtual display of race information and notices to runners.
- Mobilization of all volunteers to respect barrier gestures (transmission oral and observation of practices).
- Reception: these are the coaches who manage the usual compulsory checks for runners and finalization of registrations in the large room of the sailing base . A person will p résepte to entry per our deal flow.
- Work meetings with outside members cor p s Arbitration (P ar categories). Each Group work is lower at 6 p eople, to the exce p tion of the final meeting

coordination of race committees. Barrier gestures, distancing and wearing a mask will be required.

- Access to the podium : speaking, cleaning with virucide microphone wipes between each speaker, cleaning hands on the podium.
- A COVID management unit is set up to assess contact or symptom cases declared .

The measurements are displayed in the area and recalled orally at each waiting area (reception, toilet, etc.)