



NOTICE OF RACE

XXIII INTERNATIONAL VILA DE PALAMÓS OPTIMIST TROPHY 7th NATIONS CUP February 16 – 19, 2012 Club de Vela Palamos, Catalonia, Spain

Club de Vela Palamós and Club Nàutic Costa Brava is proud to host the XXIII INTERNATIONAL VILA DE PALAMÓS OPTIMIST TROPHY, 7th NATIONS CUP. This Regatta is part of the OPTIMIST EXCELLENCE CUP 2012.

1. Date and Venue

The XXIII INTERNATIONAL VILA DE PALAMÓS OPTIMIST TROPHY - 7th NATIONS CUP will be held from February 16 - 19, 2012.

The venue will be near the Club de Vela Palamos, Palamos, Catalonia, Spain.

2. Organization and Rules

2.1 The regatta will be organized by the, Club de Vela Palamos, Club Nàutic Costa Brava, Real Federación Española de Vela and Federació Catalana de Vela and will be sailed under the “rules” as defined in the current Racing Rules of Sailing (rules) and the current International Optimist Class Rules. If there is any conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions will take precedence (modifies RRS 63.7).

2.2 Appendix P will apply.

3. Advertising

3.1 Competitors must comply with ISAF regulation 20.

4. Eligibility

4.1 Competitors are required to be current members of the Optimist organizing authority for the country of their residence and have been born on or after January 1, 1997.

4.2 The regatta will be open, except 10 entries for the sailors belonging to Club Vela Palamós and 10 entries for sailors from AECIO. The rest of spare entries are for other sailors until a **maximum number of 360 participants have been reached altogether**. Entries will be accepted by the first come – first served principle.

4.2.1 Sailors from the Federació Catalana de Vela must be members of Group-1.

4.3 All entries shall meet the requirements of ISAF Regulation 19 - Eligibility Code.

5. Entries

5.1 Entries shall be online via regatta website:

<http://www.palamosoptimisttrophy.org>

5.2 The limit date for registration will be on January the 16th at 6 p.m. A non payed entry will be considered not registered.

5.3 Competitors shall provide the following documentation prior to completing registration formalities on site:

- Parental/legal Guardian Assent - Medical Treatment Permission (Form 1) - or on their parents medical insurance policy.

5.4 The regatta **entry fee will be Euro 90.**

5.5 Payments will be done by credit card as established on the regatta web page.

5.6 The Organizing Committee has the right to accept entries received after the entry deadline.

6. Registration of Competitors and Coaches

6.1 Each competitor or his/her coach or designated adult shall register and sign the registration form at the registration office (which will be announced further on) before 20h on 16th February 2012.

6.2 Registration is subject to the presentation before that time of the following documents:

- Parental Authorization (Form 1)
- A valid third-party liability insurance, with a minimum cover of 300.500 €

6.3 Coaches and team support personnel shall provide the following documentation prior to completing registration formalities on site:

- Original Coach Entry Form (Form 2)
- Boat Driving License (if applicable)
- Evidence of valid third party insurance

7. Format of the Regatta

In the event that there are more than 80 sailors registered, the fleet will be divided into divisions.

Sailing Instructions will define the Racing format details.

8. Schedule

Thursday, February 16

10.00 – 20.00 Sign in at registration office

Friday, February 17

09.00 Mandatory coaches meeting

10.30 Harbour start

11.00 Warning signal for 1st race of the day

Saturday, February 18

10.00 Harbour start

11.00 Warning signal for 1st race of the day

Sunday, February 19

10.00 Harbour Start

11.00 Warning signal for 1st race of the day

15.00 No warning signal after this time

After racing Awards ceremony

9. Racing Area and Course

9.1 The Sailing Instructions will show the location of the racing area and will also describe it.

9.2 The course will be the Optimist Trapezoid with a gate at the leeward mark.

10. Scoring

10.1 The Low-Point Scoring System, Appendix A, will be used as modified by NOR 10.2.



10.2 A competitor's worst finish may be discarded when five or more races have been completed; and a competitor's next worse finish may be discarded if ten or more races have been completed.

10.3 One race is required to complete the regatta.



11. Sailing Instructions

Sailing Instructions will be available at the onsite sign in.

12. International Jury

Protest will be handled by an international Jury as per RRS 91(b)



13. Protests

A boat intending to protest shall display a red flag. This instruction changes rule 61.1(a)(2).



14. Personal buoyancy

Each competitor must wear a personal flotation device (PFD), properly secured at all times, from dock to dock except when temporarily adding or removing clothing. Wet suits, dry suits and inflatable Personal Flotation Devices do not constitute adequate personal buoyancy. Failure to wear one will result in a penalty up to and including disqualification.



15. Safety

Each competitor must wear a personal flotation device (PFD) in accordance with CR 4.2 (a) properly secured at all times while on the water except when temporarily adding or removing clothing. This changes RRS 40.



16. Designated Adult

16.1 Parents not personally attending any part of the event must ensure that another adult is authorized and designated.

16.2 Each competitor shall indicate in writing (**Form – 1**) and a parent or adult representative that shall responsible for the competitor throughout the event.

16.4 The designated adult will accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.



17. Support boats

All support boats shall register and shall prominently fly a National flag or a white flag with the three letter national code of the countries it supports, from a staff, at all times while in the water. No other flags shall be displayed by support boats.

Registered coach boats may enter the corridor from the starting line to the finishing line. All other boats must stay outside the course area at all times. It is the intention of this provision that each sailor shall have a support boat on the course.

18. Measurement

18.1 Competitors are allowed to use only one hull, dagger board, rudder (with tiller and extension), mast, boom, sprit and sail during the regatta. Substitution of such equipment shall occur only with the Jury's approval.

18.2 There may be measurement on the water following each race. A number of boats may be spot checked after finishing the race.

18.3 All equipment may be subject to a safety check.



19. DISCLAIMER OF LIABILITY

19.1 Competitors take part in all races at their own risk. The CVP or any of their officials or representatives or the sponsors or their officials or representatives are not responsible, under any circumstances, for any damage, loss or injury either ashore or on the water either to persons or equipment, which may result.

19.2 Participation in this event, supporting events and in each race in them is at the sole discretion of the sailor and at his/her own risk. Notice is drawn to RRS 4. **(See FORM 1)**



20. Trophies

Overall: 1st through 10th

12 and under: 1st through 3rd

13 and over: 1st through 3rd

Top girl: 1st through 3rd



21. Nations Cup

21.1 Scoring system

For the Nations Cup, the total points without discard of the 4 sailors with the best individual cumulative results from each country in all races which count will be added to give a team total score

The Trophy will be awarded to the country with the best team total score.



21.2 Trophies

Catalan Government Trophy 1st team



21.3 Special award

The Palamós Town Hall and the CV Palamos will give the MARTINET special award to the fleet bravest- fighter sailor



22. Additional information

For additional information contact:

Club de Vela Palamós, e-mail: cvp@cvpalamos.org

23. Charter boats

WINNER BOATS, e-mail: winner@winner.es

Tel: +34 972 31 51 00

23.1 Coach boats

Contact: Club de Vela Palamós, e-mail: cvp@cvpalamos.org



24. Accommodation

ESPAI DE VIATGES S.L.

c/ Didac Garrell 4

17230 PALAMOS - GIRONA - SPAIN

Phone: + 34 972 31 42 88

Fax: + 34 972 60 20 16

E-mail: palamos@espaideviatges.es



25. Training

All teams that wish to come and train in Club Vela Palamos before or after the regatta must CONTACT the Club in order to register. (cvp@cvpalamos.org)



26. Effective Date

This Notice of Race was posted on November 2011.

