

NOTICE OF RACE

Event: **Nordic Youth Sailing Championship for**

Optimist,	Girls / Boys
Europe,	Girls / Boys
Zoom8,	Girls / Boys
Laser Radial,	Girls / Boys
RS:X	Girls / Boys
Laser, 29'er and 470	

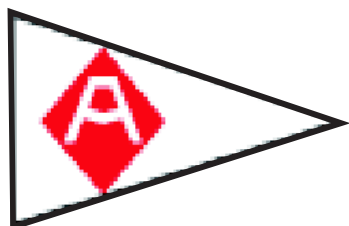
The event is open for competitors from Denmark, Estonia, Finland, Sweden, Iceland and Norway.

Organizing authority: **Arendals SF**

Co-organizers: **Grimstad SF and Christiandssands SF**

Regatta location: **The regatta will be sailed outside Arendal, Norway**

Date: **July 20th -25th 2009**



CHRISTIANSANDS SEILFORENING
S T I F T E T 1 8 8 1



1 RULES

- 1.1 The event will be governed by the rules as defined in the ISAF Racing Rules of Sailing 2009-2012 (RRS).
- 1.2 Class rules for each class shall apply.
- 1.3 All boats may be required, in accordance with ISAF Regulations Code 20.4 event advertising, to display advertising provided by the organizing authority.
- 1.4 Sailing Instruction Appendix P will apply.
- 1.5 RRS Appendix D will apply for the Optimist and Zoom8 Team Racing.
- 1.6 The prescription of rule 30 by the Scandinavian Sailing Federation will apply.
- 1.7 RRS appendix B will apply for RS:X.

2 ELIGIBILITY REQUIREMENTS

- 2.1 All competitors must comply with ISAF Regulations, Eligibility Code 19.2 (b).
- 2.2 The number of competitors is restricted to 20 male and 20 female from each country in the following classes: Optimist, Europe, Zoom8, Laser radial, Laser, RS:X, 29'er and 470.
- 2.3 Minimum age for competitors is 13 years during 2009. Maximum age for competitors is 18 years during 2009.
Maximum age for competitors in the Optimist classes is 15 years during 2009.
- 2.4 Each country shall send at least one coach approved by their National Authority.
- 2.5 For Optimist and Zoom8 Team Racing each country may send 1 female Team and 1 male Team. Each Team shall consist of 4 competitors, and may have 1 reserve competitor with his/her separate boat. If reserve competitor is used all 5 boats shall at least sail 1 regatta.

3 ENTRIES

- 3.1 The entry shall be made by each National Class Association.
- 3.2 Entries for individuals and teams shall be made no later than June 16th to Arendals Seilforening, e-mail address, info@jnom2009.no. Special entry forms are available on the web site, www.jnom2009.no.
- 3.3 The registration for the Optimist and Zoom8 Team Racing shall be made in the Race Office no later than July 22nd at 1800 hours.
- 3.4 The entry fee is EUR 100 for each participating crew. Team Racing team fee is EUR 100.

Pay to the account of

Arendals Seilforening
Postboks 51
N-4801 Arendal
Norway

Account number : 2800.10.24053
Iban number: 4528001024053

Sparebanken SØR
Serviceboks 602,
N-4809 Arendal

SWIFT Code : AASPNO 22

- 3.5 Payment shall be received by organizer no later than June 20th 2009.



4 SCHEDULE

- 4.1
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|---------------------------------|----------------------------------|---|
| Monday July 20 th | 1000 – 2000 | Registration measurement and inspection. |
| Tuesday July 21 st | 0800 – 0900 | Registration measurement and inspection,
Optimist and Zoom8. |
| | 0800 – 1500 | Registration Measurement and inspection.
Other classes. |
| | 0800 | Coach/Team Leader meeting. |
| | 1100 | Warning signal 1 st race of the day.
Optimist and Zoom8. |
| | 1700 | Opening ceremony, Arendal down town. |
| Wednesday July 22 nd | 0800 | Coach/Team Leader meeting. |
| | 1100 | Warning signal 1 st race of the day. All classes. |
| Thursday July 23 rd | 0800 | Coach/Team Leader meeting. |
| | 1100 | Warning signal team racing Optimist and Zoom8. |
| | 1100 | Warning signal 1 st race of the day.
Other classes. |
| Friday July 24 th | 0800 | Coach/Team Leader meeting |
| | 1100 | Warning signal 1 st race of the day. All classes. |
| | As soon as possible | Prize giving ceremony for individual classes and
Team Races. |
| Saturday July 25 th | Spare day for individual classes | |
| | 1100 | Warning signal 1 st race of the day for classes not
having sailed 3 races . |
- 4.2 If three (3) or more races are completed, no warning signal will be given after 1600 hours on Friday July 24th.
- 4.3 If less than three (3) races are completed after races have finished on Friday July 24th, races will be scheduled also for Saturday July 25th.
- 4.4 When a change in the schedule of individual class races interferes with the scheduled Team Racing, individual races are to be prioritized before the team races.

5 REGISTRATION AND MEASUREMENT

- 5.1 Each crew shall on registration present:
- measurement certificate according to class rules.
 - confirmation of a third party liability insurance, EUR 500.000,-.
 - completed and signed Skipper's Declaration Form as provided by organizer.
- 5.2 Boat and equipment can be inspected at any time for compliance with the class rules and Sailing Instructions. Completed International Class Measurement Form must be available on demand from race committee.

6 SAILING INSTRUCTIONS

The Sailing instructions will be available at the registration.

7 RACING AREA

The race area will be around Torungen lighthouses, outside Arendal.

8 COURSES

The courses for individual races will be windward/leeward or Trapezoid as described in the Sailing Instructions.



9 SCORING

- 9.1 The Low Point System, RRS Appendix A shall apply for all classes, modified so that if 4 races or more have been completed, the boat's worst score will be deducted. In RS:X and 29'er the second worst score will be deducted when 12 or more race's have been sailed.
- 9.2 Fifteen races are scheduled for RS:X and 29'er.
- 9.3 Nine races are scheduled for Europe, Laser, Laser Radial and 470.
- 9.4 Eight races are scheduled for Optimist and Zoom8.
- 9.5 3 complete races are required to constitute a championship.
- 9.6 RRS Appendix D will apply for the Optimist and Zoom8 Team Racing.

10 PENALTY SYSTEM

- 10.1 Appendix P will apply, however P2.3 shall not apply and P2.2 is changed so that it will apply for all penalties after the first.
- 10.2 Appendix D will apply for the Optimist and Zoom8 Team Racing.

11 PRIZES

- 11.1 Scandinavian Sailing Federations gold, silver and bronze plaques will be awarded in each class.
- 11.2 Scandinavian Sailing Federations gold, silver and bronze plaques will be awarded in the Optimist and Zoom8 Team Racing for female and male.
- 11.3 The organizer's prizes will be awarded to the first ten in each individual class, but not more than 1/3 of the competitors in each class.

12 DISCLAIMER

Competitors participate in the regatta at their own risk, see RRS 4. The Organizing Authority will not accept any liability for material damage, personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

13 INFORMATION AND ADDRESSES

Post address : Arendals Seilforening, Postboks 51, N-4801 Arendal, Norway
Mail address : info@jnom2009.no
Visitor address: Hove Leirsenter, Hove, Arendal

Official Web site for the event: www.jnom2009.no

14 AMENDMENTS

Any amendments to this Notice of Race will be posted on the web site, www.jnom2009.no .

