



Venue of 2018 IODA World Championship
www.famagustanauticalclub.com
www.optimistworlds2018.com



IOANNIDEIA 2018
 Optimist Mediterranean
 Championship

Sailing
 Instructions

August 21st - 25th 2018



Ioannideia 2018, August 21st - September 16th
4th Optimist Mediterranean Championship
Official Test Event of IODA 2018 World Championship



SAILING INSTRUCTIONS

August 21st - August 25th 2018

ORGANIZING AUTHORITY

The Ioannideia 2018 Optimist Mediterranean Championship is organised by the Famagusta Nautical Club

ABBREVIATIONS

SP	Rules for which a standard penalty may be applied by the race committee and/or technical committee without a hearing or a discretionary penalty applied by the international jury with a hearing.
DP	Rules for which the penalties are at the discretion of the International Jury.
NP	Rules that are not grounds for protest by a boat. This changes rule 60.1(a)

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the **2017 - 2020 Racing Rules of Sailing (RRS)**.
- 1.2 The current Conditions of IODA will apply
- 1.3 No national authority prescriptions will apply.
- 1.4 The first three sentences of RRS 61.1(a) are changed to 'A boat intending to protest shall inform the other boat at the first reasonable opportunity. When her protest will concern an incident in the racing area that she was involved in or saw, she shall hail 'Protest'. She shall also inform the Race Committee at the finishing line immediately after finishing, of the boat/s being protested, or as soon as practicable after she retires.
- 1.5 RRS 40 and the preamble to Part 4 are changed as follows:
 - a) The first sentence of RRS 40 is deleted and replaced by: "Each competitor shall wear a personal flotation device (PFD) according to class rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing."
 - b) Add to the preamble of Part 4, after 'racing': ", except rule 40 as amended by Sailing Instruction 1.5.a."
- 1.6 Add RRS 64.4 (b) to the list of rules in RRS 63.1.
- 1.7 If there is a conflict between languages the English text will take precedence.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board(s) located at the Famagusta Nautical Club (N.O.A.) front north balcony on the ground floor

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted before 11:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.



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4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the official flagpole at the Famagusta Nautical Club (N.O.A.), located in front of the sailing facilities.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.
- 4.3 **[NP] [DP]** Flag D displayed with one sound means: 'the warning signal will be made not less than 45 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made.
- 4.4 Flag B displayed means 'Sailing Instruction 19.5 applies'
- 4.5 When a visual signal is displayed over a fleet(s) flag, the signal applies only to that fleet(s). This changes the Race Signals preamble.

5. FORMAT OF RACING

- 5.1 For the Open & Cadet Divisions the Championship will consist of a Qualifying series followed by a Final series.
- 5.2 **Qualifying series:**
 - 5.2.1 **[NP]** Boats will be assigned to yellow and green fleets on a daily basis and shall display a colored ribbon corresponding to the color of her fleet flying from the top of the sprit. The ribbons will be provided by the Race Office.
 - 5.2.2 For the initial assignment boats will be sorted by the entry number assigned from the organizing committee. Boats in the sorted list will be allocated to fleets according to the pattern shown in the table in instruction 5.4. Initial assignments will be made by the race committee and will be posted on August 21, 2018 after the registration has been completed.
 - 5.2.3 Boats will be assigned to fleets of as nearly as possible, equal size.
 - 5.2.4 The Qualifying series will take place on the first 2 days of racing, unless 6 races have not been completed by all fleets by the end of the second racing day. The Qualifying series will continue until the end of the racing day in which the sixth Qualifying race is completed.
 - 5.2.5 If two or more boats are tied in points, their relative positions in the rank will follow the order stated in instruction 5.2.2.
- 5.3 **Final series:**
 - 5.3.1 Boats will be assigned to the yellow and green fleets on the basis of their ranks in Qualifying series. Yellow and green will have as near as possible the same number of competitors. Boats with the best Qualifying series ranks will race all Final series races in the yellow fleet, green will follow yellow in ranking. Any recalculation of the qualifying series ranking after the boats have been assigned to Final series fleets will not affect the assignments except that a redress decision may promote a boat to a higher fleet.
- 5.4 **Fleet Assignments:** Boats will be reassigned to fleets after each day of racing, except if on the first day only one race is completed. If all fleets have completed the same number of races,



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boats will be reassigned on the basis of their ranks in the series. If all fleets have not completed the same number of races, the series scores for reassignment will be calculated for those races, numbered in order of completion, completed by all fleets.

TWO GROUPS

Rank in series	Fleet Assignment
First	Yellow
Second	Green
Third	Green
Fourth	Yellow
Fifth	Yellow
Sixth	Green
Seventh	Green
And so on	

5.5 Assignments on Qualifying and Final series will be based on the ranking available at 21:00 that day regardless of protests or requests for redress not yet decided.

6. SCHEDULE OF RACES

6.1 Sunday 19 th of Augst	Registration	10:30 - 13:30 and 14:30 – 17:30
Monday 20 th of August	Registration	10:30 - 13:30 and 14:30 – 17:30
Tuesday 21 st August	Registration	08:30 - 11:00
	Practice Race	14:30
Wednesday 22 nd August	Coaches meeting	11:30
	Races (First warning signal)	13:30
Thursday 23 rd August	Coaches meeting	11: 30
	Races (First warning signal)	13:30
Friday 24 th August	Coaches meeting	11: 30
	Races (First warning signal)	13:30
Saturday 25 th August	Coaches meeting	10:00
	Races (First warning signal)	11:00
	No warning signal after	15:00hrs
	Price Giving	17:30

6.2 In total **(12)** races are schedule, with up to 3 races to be sailed each day. One extra race per day may be sailed, provided that the change is made according to Sailing Instruction 3.

6.3 To alert boats that a race or sequence of races will begin soon, the orange flag defining the starboard end of the starting line will be displayed with one sound at least five minutes before a warning signal is displayed.

6.4 On the last day of racing, no warning signal will be made after 15:00.



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7. CLASS FLAGS

- 7.1 For single series: white flag with a black Optimist insignia (class logo).
7.2 For fleet series: the fleet flags.
A fleet flag is a flag of the color of the corresponding fleet as per instruction 5.2.1.

8. RACING AREAS

- 8.1 The designated racing area shall be on the waters around and in front of the Famagusta Nautical Club (N.O.A.) or its approaches.

9. THE COURSES

- 9.1 The diagram in Attachment 1 shows the course, including the order in which marks are to be passed, and the side on which each mark is to be left.

10. MARKS

- 10.1 Marks 1, 2, 3S and 3P, shall be inflatable cylindrical orange buoys.
10.2 The starting and finishing marks will be Race Committee boats.
10.3 A cylindrical Orange buoy or a boat with an orange flag will be used as the start/finishing pin end mark.
10.4 The waiting area windward boundary will be designated by orange spherical marks as defined in 22.1.
10.5 New marks as defined in item Sailing Instruction 13 will be green cylindrical marks.
10.6 Except at a gate, a Race Committee boat signaling a change of a leg of the course is a mark as provided in Sailing Instruction 13.

11. AREAS OF OBSTRUCTION

- 11.1 [NP] [DP] Swimming Area. Sailors should avoid entering the swimming area marked by red small buoys along the coast line.

12. THE START

- 12.1 The starting line will be between staff displaying an orange flag on the RC Vessel at the starboard end and either a) the course side of the port end inflatable starting mark or b) a staff displaying an orange flag on the RC vessel at the port end.
12.2 [DP] Boats that have finished shall return directly to the waiting area or ashore, keeping well clear of all boats racing and of all boats whose warning signal has been made.





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- 12.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.
- 12.4 Boats whose warning signal has not yet been given should avoid the starting area

13. CHANGE OF NEXT COURSE LEG

- 13.1 To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- 13.2 Except at a gate, boats shall pass between the Race Committee boat signalling the change of course and the nearby mark, leaving the mark to port and the Race Committee boat to starboard. This changes RRS 28.2.

14. THE FINISH

- 14.1 The finish line will be between the race committee signal boat's mast, displaying an Orange flag and an Orange buoy with an orange flag situated at the pin end.

15. PENALTY SYSTEM

- 15.1 [NP] [DP] A boat that has taken a penalty or retired according to rule 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.
- 15.2 The penalty for breaches of Class Rules will be Standard Penalties [SP] which changes RRS 63.1 and may also be less than disqualification. SP penalties will be published on the Official Notice Board.
- 15.3 The penalty for breaches of Sailing Instructions marked [DP], may be less than disqualification if the International Jury so decides.
- 15.4 Appendix P will apply.

16. TIME LIMITS

- 16.1 The time limit for the first boat to finish is 75 minutes for all divisions (the target time for the first boat to finish is 45 minutes)
- 16.2 The Mark 1 time limit will be 30 minutes. If no boat has passed Mark 1 within the Mark 1 time limit, then the race will be abandoned.
- 16.3 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 16.4 Boats failing to finish within 20 minutes after the first boat sails the course and finishes, will be scored Did Not Finish (DNF).

17. PROTESTS AND REQUESTS FOR REDRESS





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- 17.1 To inform the Race Committee of the boat/s being protested, the boat intending to protest shall approach the Race Committee boat at the starboard end of the finishing line immediately after finishing and shall hail the protested boat's sail number/s while sailing along her starboard side.
- 17.2 Protest forms are at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 17.3 The Protest time limit is 60 minutes after the last boat has finished the last race of the day, or the race committee signals no more racing today, whichever is later.
- 17.4 Notices will be posted within 30 mins of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury rooms located at the N.O.A. clubhouse.
- 17.5 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under Rule 61.1(b).
- 17.6 A list of boats that, under SI 15.4, have acknowledged breaking rule 42 will be posted before the protest time limit.
- 16.7 Breaches of SI 10, 18, 19.2, 22, 23 and 24 will not be grounds for a protest by a boat. This changes Rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be (DPI).
- 17.8 On the last day of the series a request for reopening a hearing shall be delivered if:
- It's still within the protest time limit and if the party requesting reopening was informed of the decision on the previous day.
 - Its no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes Rules 62 & 66.
- 17.9 Decisions of the protest committee will be final as provided in Rule 70.5.

18. SCORING

- 18.1 Race scores instructions 18.1 and 18.1.1 apply only when boats sail in separate fleets. Instruction 17.1.2 applies only to the qualifying series.
- 18.1.1 Rule A4.2 is changed so that the scores are based on the number of boats assigned to the largest fleet.
- 18.1.2 If at the end of the last day of races some boats have more race scores than others, scores for the most recent races will be excluded so that all boats have the same number of race scores.
- 18.2 One race is required to be completed in order to constitute a series.
- 18.3 When:
- One to Four** races have been completed; a boat's series score will be the total of her race scores.
 - Five to Eight** races have been completed; a boat's series score will be the total of her race scores excluding her worst score.
 - Nine to Twelve** races have been completed; a boat's series score will be the total of her race scores excluding her worst two scores.
- 18.4 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available at the race office.



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18.5 Scores accumulate to the sailors and not the boat they sail in

19. SAFETY REGULATIONS [NP]

19.1 No boats are to be launched before Code flag "D" is displayed.

19.2 **[SP]** Sign-Out and Sign-In Procedure. The requirements of this instruction are specified for the safety of the competitors.

- a) The control point to Sign-Out and Sign-In competitors will be located on the Notice Board.
- b) The Team Leader of each team/country shall individually Sign-Out each competitor on their team each day before racing, beginning two hours before the scheduled warning for the day, by signing beside their own name in the space provided on the required form and marking an X beside the name of each of the competitors on their team that will be leaving the venue to race.
- c) The Team Leader of each team/country shall individually Sign-In each competitor on their team each day after racing immediately upon returning to shore, but no later than the protest time limit, by personally signing beside their own name in the space provided on the required form and marking an X beside the name of each of the competitors on their team that have returned to the venue after racing.
- d) A standard penalty of one point in the first race of the day shall be imposed without a hearing on competitors for failure to comply with 19.2 (b).
- e) A standard penalty of one point in the last race of the day shall be imposed without a hearing on competitors for failure to comply with 19.2 (c).

19.3 **[DP]** A boat retiring from a race shall notify a Race Committee or safety boat before leaving the course and shall complete the relevant form available at the Race Office.

19.4 **[DP]** Each day of competition the coaches or Team Leaders shall notify the Race Office before D flag is displayed, of the boats not intending to race that day.

19.5 **[DP]** When code flag B is displayed ashore each Coach or Team Leader shall sign a checklist adjacent to registration room within 60 minutes after the flag has been displayed, to indicate that all team members have returned to shore. Flag B will be displayed when the last boat has finished the last race of the day or the race is abandoned. All team members may be penalised at the discretion of the International Jury for each race of the day on which the Coach or Team Leader failed to comply with this instruction. This changes rule 63.1.

19.6 **[DP]** Competitors who require assistance shall blow a whistle or wave the paddle or one arm. The Race Committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes rule 62.1(a).

19.7 **[DP]** When the Race Committee displays Flag V with repetitive sounds, all official and support boats shall monitor the Race Committee VHF 71 channel for search and rescue instructions

19.8 All competitors shall wear a personal flotation device at all times when afloat. If the buoyancy device is of an inflatable type it shall be inflated at all times while afloat.



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20. REPLACEMENT OF CREW OR EQUIPMENT [DP]

- 20.1 Substitution of damaged or lost equipment will not be allowed unless approved in writing by the Technical Committee. Requests for substitution shall be made to the Technical Committee at the first reasonable opportunity.
- 20.2 Substitution of damaged equipment may be permitted provided that the relevant form has been completed at the Race Office and both the damaged and the substituting equipment has been inspected by the Technical Committee.
- 20.3 If the substitution was made on the water between races, both the damaged and the substituting equipment shall be presented to the Technical Committee after the end of the day's racing. The substitution is subject to the approval of the Technical Committee given retrospectively.

21. EQUIPMENT AND MEASUREMENT CHECKS [NP][DP][SP]

- 21.1 A boat or equipment may be inspected at any time for compliance with the Class Rules, Notice of Race and Sailing Instructions. On the water, a boat can be inspected by an Equipment Inspector that may indicate to sail immediately to a designated area for inspection. No adjustments shall be made on the boat before the measurement inspection.

22. OFFICIAL BOATS

- 22.1 Official boats will be identified as follows:

BOAT	FLAG
Race Committee signals vessel	Orange flag with black RC
Race Committee boats	Orange flag with black RC
Jury boats	White flag with white 'J'
Rescue boats	Black flag with black 'S'
Equipment Inspector boats	White flag with black 'M'
Support boats	

- 22.2 Accredited boats will be identified as follows:

BOAT	FLAG
Press	White flag with black (M)
Spectators and VIP boats	Pink flag (Spectator)

23. SUPPORT BOATS

- 23.1 [NP] Team Leaders, coaches and other support personnel shall stay outside areas where boats are or will be racing from the time the orange flag is displayed until all boats in that race have finished or the Race Committee signal a postponement or abandonment. To observe a race,





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support boats may move from leeward to windward through the port side of the course keeping well clear of the exclusion boundary, approximately 100 metres from the course area. Support boats may, after the last start of a race, move between the waiting and the finishing areas through the centre channel (See drawing in Attachment 2). When a Race Committee or jury member indicates a support boat to move further from the course area, the mentioned boat shall do so immediately.

- 23.2 **[DP]** All boats associated with the infringing support boat may be penalised at the discretion of the International Jury for the race on which the support personnel failed to comply with Sailing Instruction 22.1. This changes RRS 63.1
- 23.3 **[NP][DP]** Competitors shall not approach any boat other than an official boat (see Sailing Instruction 21.1) from their first warning signal of the day until they finish their last race for the day or the Race Committee signal no more racing today, whichever is later.

24. TRASH DISPOSAL

- 24.1 **[DP]** Competitors shall not dispose off trash in the water. Trash may be placed aboard support and official boats. Water bottles should be tied into boats using shock cord to prevent loss during manoeuvres.

25. PRIZES

- 25.1 Prizes will be given to those placing in the First, Second and Third position, Boys & Girls, in each division of four boats and over.
- 25.2 The Prize giving presentation will be held at the N.O.A. clubhouse after the last race on Saturday August 25th 2018.
- 25.3 Honorary Diplomas to All.

26 RISK STATEMENT

- 26.1 Competitors and support team members participate in the championship entirely at their own risk and they are reminded of the provisions of rule 4, Decision to race. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor and the responsible adult agree and acknowledge that:
- They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
 - They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
 - They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
 - Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;



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- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.



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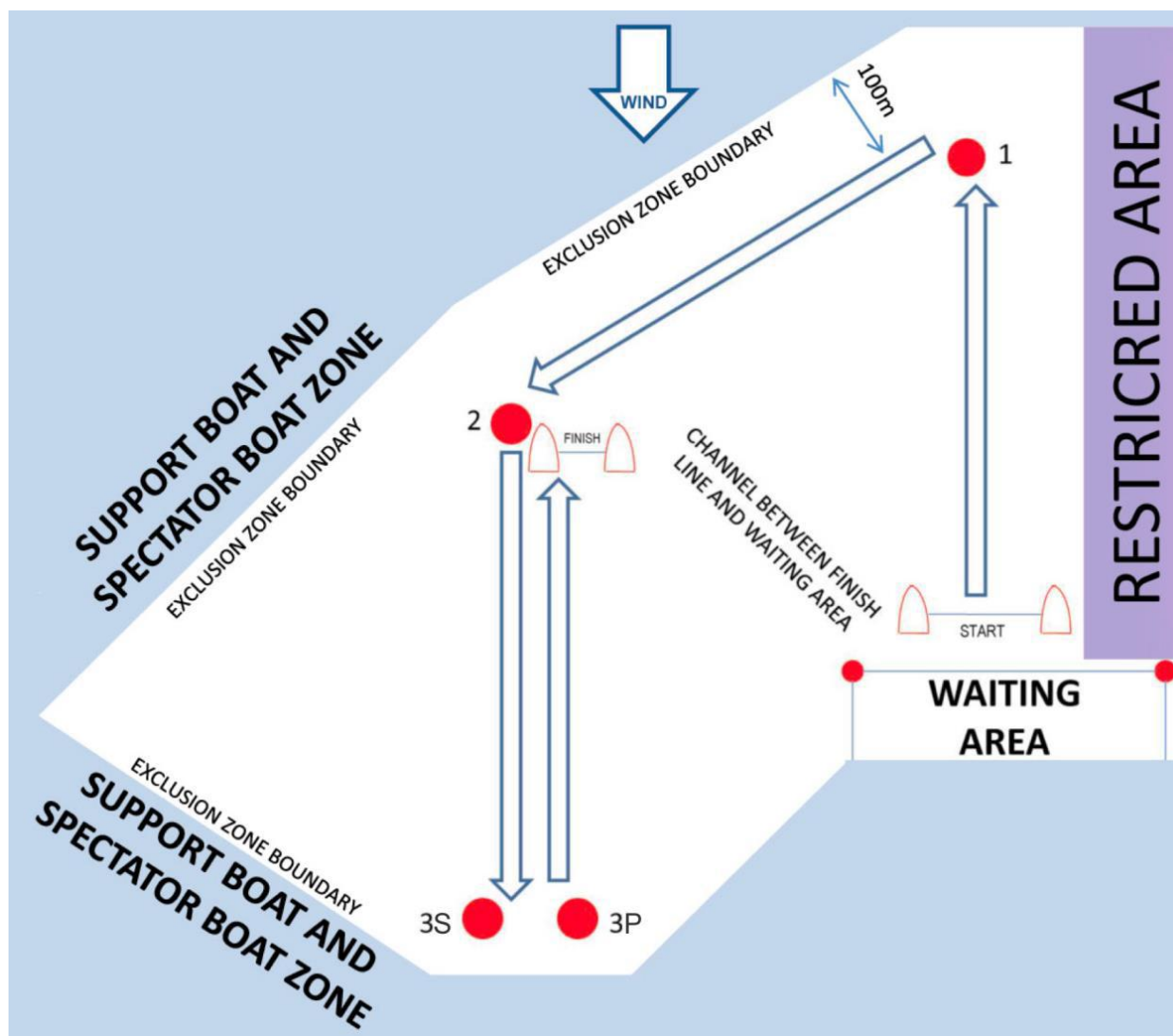


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APPENDIX 1

The Course





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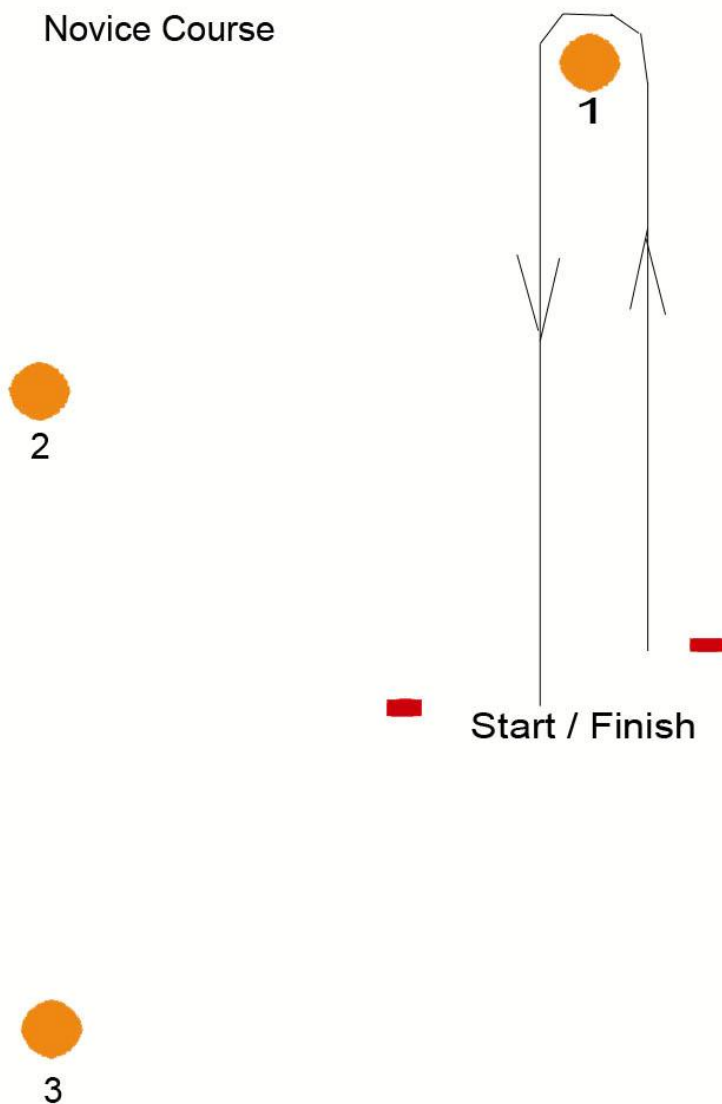
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APPENDIX 1

Novice Course

Novice Course



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International Jury

Nino Shmueli	(IJ/POR)	Chairman
	(IJ/)	Member
	(IJ/)	Member
Antonia Hadjimilti	(NJ/CYP)	Member
Fotis Protopapas	(NJ/CYP)	Member

Race Officer: Elena Papazoglou (CYP)
Deputy Race Officer A: Yiannis Papazoglou (CYP)

For further information please contact the

Famagusta Nautical Club

President

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