



OPTIMIST WORLD CHAMPIONSHIP 2016

VILAMOURA, PORTUGAL

JUNE 25 – JULY 4

ORGANISING AUTHORITY

The Optimist Team Racing World Championship 2016 is organised by the Clube Internacional da Marina de Vilamoura (CIMAV) with the endorsement of the Associação Portuguesa da Classe Optimist (APCIO) under the authority of the International Optimist Dinghy Association (IODA).

TEAM RACING SAILING INSTRUCTIONS

ABBREVIATIONS

SP	Rules for which a standard penalty may be applied by the race committee without a hearing or a discretionary penalty applied by the International Jury with a hearing
DP	Rules for which the penalties are at the discretion of the International Jury
NP	Rules that are not ground for protest by a boat. This changes Racing Rule of Sailing 60.1 (a).

1 RULES

- 1.1 The Regatta will be governed by the 'rules' as defined in The Racing Rules of Sailing (RRS)..
- 1.2 Appendix D will apply, including D.2.2 (single flag procedure) but deleting D1.1 (d).
- 1.3 The first sentence of D3.1(d)(3) is deleted and replaced by: "when the boat has broken rule 1 or 2, rule 14 when she has caused damage or injury, or a rule when not racing, either the boat's score may be increased or half or more race wins may be deducted from her team, or no penalty may be imposed."
- 1.4 When a boat starts and finishes, and breaks rule 28.1 by failing to sail the course described in Sailing Instructions, 6 points shall be added at her score without a hearing. This changes rule A5.
- 1.5 No national authority prescriptions will apply.
- 1.6 Rule 40 and the preamble to Part 4 are changed as follows:
 - a) The first sentence of rule 40 is deleted and replaced by: "Each competitor shall wear a personal flotation device (PFD) according to class rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing."
 - b) Add to the preamble of Part 4, after 'racing': ", except rule 40 as amended by SI 1.6.a."
- 1.7 If there is a conflict between languages the English text will take precedence.

2 CAMERAS AND ELECTRONIC EQUIPMENT[NP][DP]

- 2.1 Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organising authority. Information from this equipment shall not be used by a boat as evidence in a hearing. This changes rule 63.6.
- 2.2 The equipment provided, once placed on the boat as instructed by the organising authority, shall not be manipulated by the competitor or the coach in any way, except when so required by the organising authority.



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3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board located in the Race Office.
- 3.2 **[NP][DP]** Flag D displayed with one sound means: 'the warning signal will be made not less than 45 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made.
- 3.3 Flag B displayed means 'Sailing Instruction 19.3 applies'.

4 CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any written changes to the Sailing Instructions or the schedule shall be approved by the IODA Principal Race Officer (IODA PRO) and posted on the official notice board at least 15 minutes before the warning signal of the race from which it will take effect.
- 4.2 Sailing Instructions may be changed orally by the Race Committee and/or the Umpires before the warning signal, when flag L is displayed. It is the responsibility of each team to obtain any oral instructions given. These changes will also be communicated to the coaches on VHF channel 69 (course alpha) and VHF channel 15 (course bravo) and posted on the official notice board at the end of that day's racing.
- 4.3 Changes to the format of racing and the publication of the schedule of subsequent races made on the water will be announced as described in instruction 4.2.

5 BOATS [DP]

- 5.1 Charter boats are not mandatory. Competitors sailing on charter boats shall use the boats according to paragraph 16 of the Notice of Race. Except for the foils, spars, fittings and running rigging, all equipment provided with the charter boats for sailing purposes shall be on the boat while afloat.
- 5.2 Competitors sailing on charter boats shall report any damage or loss of equipment, however slight, to the Organising Authority's representative immediately after securing the boat ashore.
- 5.3 Failure or loss of chartered equipment will not be grounds for a request for redress. This changes rule 62.1(a).
- 5.4 Hulls, foils and daggerboards of chartered and non chartered equipment may be cleaned but only with water.

6 RESERVE

7 FORMAT OF RACING

- 7.1 The event will be a four-boat against four-boat team race. For teams having five competitors, any four may compete in a race, provided that the fifth competitor remains in the area designated for coaches, or ashore, from the warning signal of that race until that race has been completed.



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- 7.2 Attachment 1 shows the intended racing format. The format may be modified during the event in a fair and practical way as solely determined by the IODA PRO taking into account the entries, weather conditions, time constraints and any other relevant factors.
- 7.3 The Race Committee with the approval of the IODA PRO may decide not to run a re-sail if the result of that race is not relevant to the progress of any team to the next round.

8 SCHEDULE OF RACES

July 1	19:00 Time limit to hand in the confirmation of teams
July 2	0900 Coaches meeting 1030 TRWC Races 1h after the last race, umpires and competitors debrief
July 3	0900 Coaches meeting 1030 TRWC Races

9 CLASS FLAGS

The class flag will be a white flag with the Optimist class logo.

10 RACING AREAS

Attachment 2 shows the location of Racing Area Option 1 and Racing Area Option 2. A decision regarding which option will be used for the TRWC races will be published no later than 1900 on June 25, 2016.

11 THE COURSE

- 11.1 The diagram in Attachment 3 shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 11.2 The Race Committee may move marks of the course. Rule 33 will not apply. The moving of a mark by the Race Committee will not be grounds for a boat to request redress. This changes rule 60.1(b).
- 11.3 Courses will not be shortened. This changes rule 32.

12 MARKS

- 12.1 Racing area Alpha:
 - a) Marks 1, 2, 3 and 4 will be orange inflatable conical marks.
 - b) The start and finishing marks will be a race committee boat and a spherical green buoy with an orange flag on a staff.
- 12.2 Racing area Bravo:



TEAM RACING SAILING INSTRUCTIONS

- a) Marks 1, 2, 3 and 4 will be green inflatable conical marks.
 - b) The start and finishing marks will be a race committee boat and a spherical green buoy with an orange flag on a staff.
- 12.3 The waiting area windward boundary as defined in 23.2 will be designated by spherical yellow marks

13 THE START

13.1 Races will be started as follows:

Warning	3	One	Class flag displayed
Preparatory	2	One	"P" flag displayed
One-minute	1	One	"P" flag removed
Starting	0	One	Class flag removed

This changes rule 26

- 13.2 The starting line will be between a staff displaying an orange flag on the starting mark on the starboard end and the starting mark on the port end.
- 13.3 When an individual recall is made, flag X will be displayed for up to 1 minute. This changes rule 29.1.
- 13.4 The race number and the country codes of the teams to start will be displayed on the stern of the committee boat before the warning signal. When the race number is displayed in this way, it overrides all prior communications, schedules or instructions. The Race Committee may at any time remove a particular race from the published sequence of races and run it at a later time.
- 13.5 **[DP]** Boats may approach the starting line only after the race number with their team's country code has been displayed. Boats that have finished shall return directly to the waiting area or ashore, keeping well clear of all boats racing and of all boats whose warning signal has been made.

14 THE FINISH

The finishing line will be between a staff displaying an orange flag on the finishing mark on the starboard end and the finishing mark on the port end.

15 TIME LIMITS AND ABANDONMENT

- 15.1 The time limit for each race will be 20 minutes.
- 15.2 The Race Committee may abandon a race for any reason. This changes rule 32.
- 15.3 Abandonment may be signalled orally by the Race Committee and/or the Umpires. Abandoned races may be re-sailed, and if so, a new warning signal will be made as soon as practical. This changes rule 32 and Race Signals.

16 UMPIRING AND FLAGS



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- 16.1 The event will be umpired in accordance with Appendix D as modified by these Sailing Instructions. Some races may have more Umpires than others as determined by the Chief Umpire.
- 16.2 The required red protest flag shall be attached to the competitor, clothing or PFD, and be capable of being displayed at arm's length. To signal a protest, the flag shall be displayed from a concealed position to a position where it is easily visible to the protested boat and Umpires.

17 PROTESTS AND REQUESTS FOR REDRESS

- 17.1 For protests and requests for redress other than protests under a rule listed in rule D2.2, competitors shall inform an Umpire or the Race Committee at the first reasonable opportunity upon finishing. The Umpires will, when appropriate, hear protests and requests for redress while afloat.
- 17.2 The protest time limit for competitors is two minutes after finishing and for the Race Committee or Jury it is 60 minutes after the last boat finishes the last race of the day.
- 17.3 A hearing may be declined if it is not relevant to progress to the next round. This changes rule 63.1.
- 17.4 When a hearing ashore is necessary, the schedule will be published no later than 30 minutes after the end of the protest time limit.
- 17.5 Decisions of the Jury will be final as provided in rule 70.5.
- 17.6 Breaches of class rules and Sailing Instructions marked [NP] will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches will be at the discretion of the jury-

18 SCORING

- 18.1 Rule D4 is deleted and replaced by:
Each team will race at least two times. Teams having lost two times are eliminated from the competition and may return ashore. The two remaining teams will race the SAIL OFF. This is a set of three races after which the winner of two of them becomes the winner of the championship.
- (a) If the SAIL OFF is not completed, the winner of race 23 will be the winner of the Team Racing event except that if only one race of the SAIL OFF is completed, the winner of that race will be the winner of the Team Racing event
- (b) If flight F is not completed, the winner of R23 will be the winner of the TR and the winners of R27 and R28 will be ranked using, in order,
- (i) the number of races won when the two teams met;
- (ii) the total points scored in all races against common opponents;
- (iii) the order in which they entered the Team Racing event



TEAM RACING SAILING INSTRUCTIONS

19 SAFETY REGULATIONS [NP]

19. **Sign-Out and Sign-In Procedure.** The requirements of this instruction are specified for the safety of the competitors.
- 19.1 (a) The control point to Sign-Out and Sign-In competitors will be located next to the Race Office.
- 19.1 (b) The Team Leader of each country shall individually Sign-Out each competitor on their team each day before racing, beginning two hours before the scheduled warning for the day, by signing beside their own name in the space provided on the required form and marking an X beside the name of each of the competitors on their team that will be leaving the venue to race.
- 19.1 (c) The Team Leader of each country shall individually Sign-In each competitor on their team each day after racing immediately upon returning to shore, but no later than the protest time limit, by personally signing beside their own name in the space provided on the required form and marking an X beside the name of each of the competitors on their team that have returned to the venue after racing.
- 19.2 **[DP]** A boat retiring from a race shall notify a race committee or safety boat before leaving the course and shall complete the relevant form available at the Race Office.
- 19.3 **[DP]** When code flag B is displayed ashore each Coach or Team Leader shall sign a checklist adjacent to registration room within 45 minutes after the flag has been displayed, to indicate that all team members have returned to shore.
- 19.4 **[DP]** Competitors who require assistance shall blow a whistle or wave the paddle or one arm. The race committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes rule 62.1(a).
- 19.5 **[DP]** When the Race Committee displays Flag V with repetitive sounds, all official and support boats shall monitor the Race Committee VHF channel for search and rescue instructions.

20 REPLACEMENT OF EQUIPMENT [DP]

- 20.1 Substitution of damaged or lost equipment will not be allowed unless approved in writing by the race committee. Requests for substitution shall be made to the race committee at the first reasonable opportunity.
- 20.2 Substitution of damaged equipment may be permitted provided that the relevant form has been completed at the Race Office and both the damaged and the substituting equipment has been inspected by the Measurement Sub-Committee.
- 20.3 If the substitution was made on the water between races, both the damaged and the substituting equipment shall be presented to the Measurement Sub-Committee after the end of the day's racing. The substitution is subject to the approval of the race committee given retrospectively.

21 EQUIPMENT AND MEASUREMENT CHECKS[NP][DP][SP]



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21.1 A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race or the Sailing Instructions. The following scoring penalties may be imposed without a hearing: minor class rule infringement: 1 point; intermediate class rule infringement: 3 points; major class rule infringement: 6 points.

22 OFFICIAL AND ACCREDITED BOATS

22.1 Official boats will be identified as follows:

Race committee signals vessel	White flag with black RC
Race committee boats	Yellow flag with black RC
Umpire boats	Black flag with white 'J'
Rescue boats	Yellow flag with black 'RC'
Equipment Inspector boats	White flag with black 'M'
Support boats	White flag with black National Letters

22.2 Accredited boats will be identified as follows:

Press	Green flag
Spectators and VIP boats	Pink flag

23 SUPPORT BOATS

23.1 Support boats will be at the disposal of the Organising Committee, which will re-allocate them to teams participating. This allocation will be done according to the number of boats available and the number of teams participating. The allocation will be announced at the Coaches' meeting.

23.2 **[NP][DP]** Coach boats shall remain anchored within the designated waiting area shown on the diagram in Attachment 3 unless otherwise directed by the Race Committee and/or Umpires for safety purposes.

23.3 The penalty for failing to comply with paragraph 15 of the NoR and/or this instruction may result in the disqualification from the race/s in which the infringement took place, or other penalty at the discretion of the Jury, of the team associated with the infringing boat.

23.4 Coaches are encouraged to carry a working VHF radio.

24 TRASH DISPOSAL [NP][DP]

Trash may be placed aboard support and race committee boats.

25 PRIZES

Prizes will be awarded in accordance with the Notice of Race.

26 RISK STATEMENT



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26.1 RRS 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor and the responsible adult agrees and acknowledges that:

26.1 a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;

26.1 b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore

; 26.1 c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;

26.1 d) Their boat is in good order, equipped to sail in the event and they are fit to participate;

26.1 e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;

26.1 f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

27 INSURANCE

The purchase of third-party liability event insurance from IODA is mandatory. The purchase will be arranged through the IODA at a cost of EURO 10 per competitor and per coach, payable to the organisers upon arrival, before registration is completed. Details of this insurance can be found at: http://www.optiworld.org/uploaded_files/thirdParty.pdf_1948_en.pdf

28 RIGHT TO USE NAMES AND LIKENESS

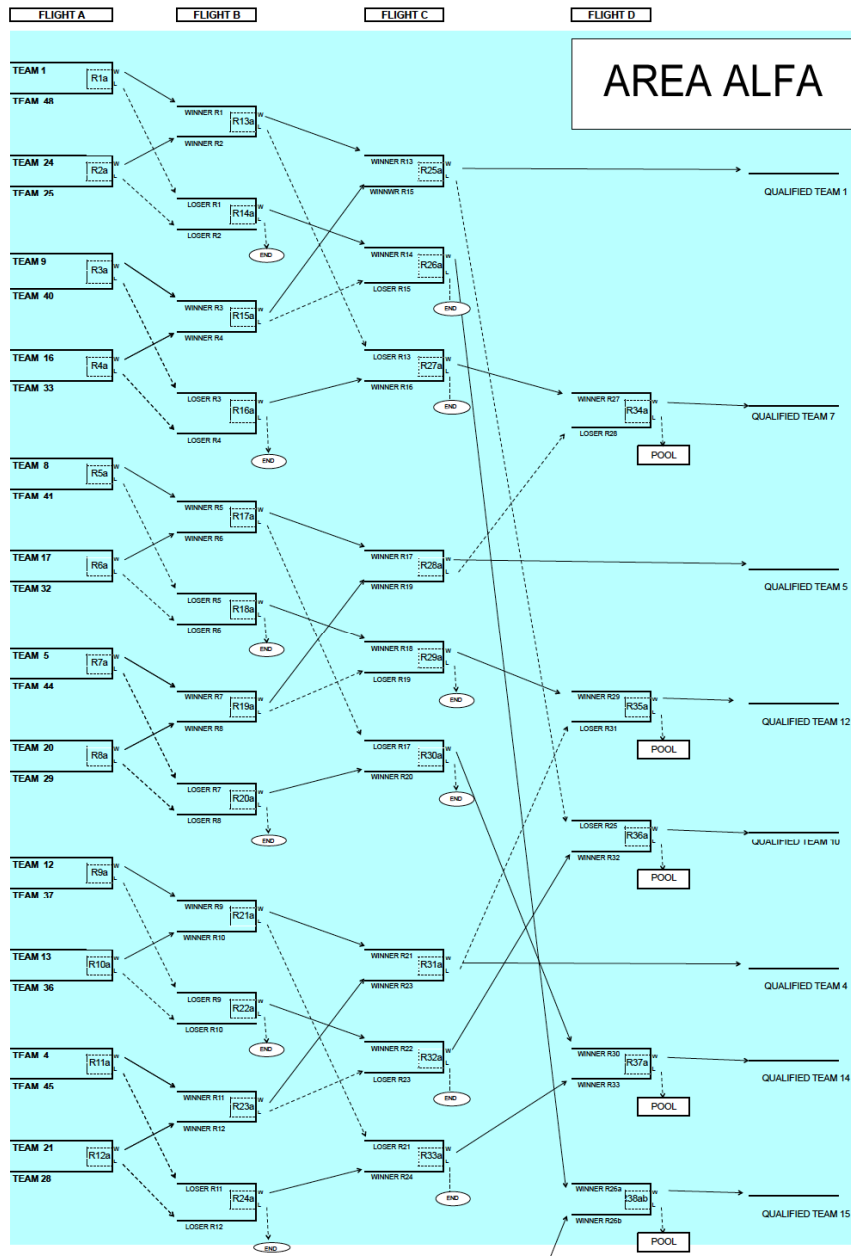
In participating in this championship, a competitor automatically grants to the organising authority, the IODA and the sponsors of the championship the right in perpetuity to make, use and show at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of him or her during the championship, and of all of his or her material related to the championship, without compensation.



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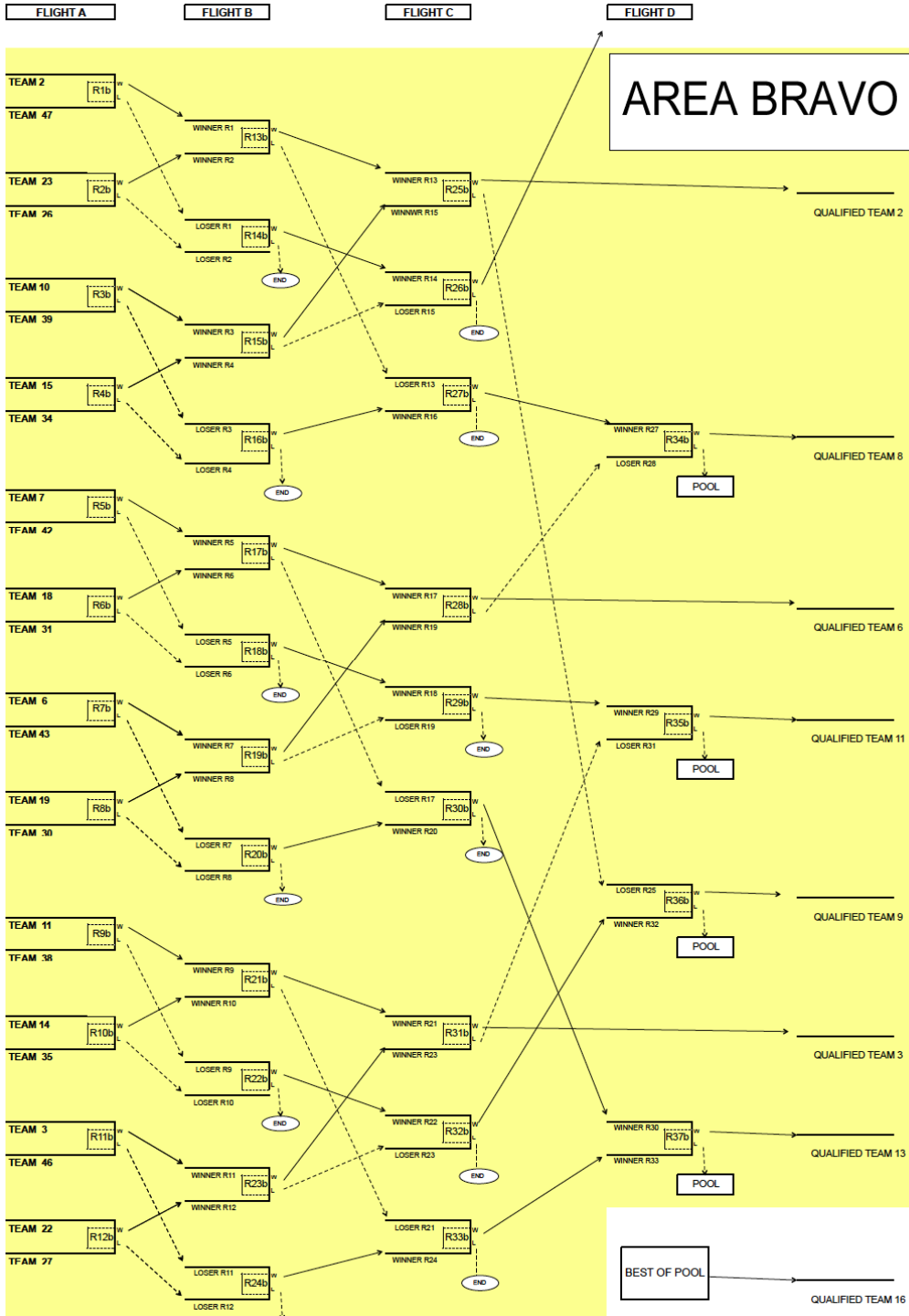
ATTACHMENT 1 – FORMAT OF RACING





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TEAMS QUALIFYING FOR FINAL STAGE	
Winner R25a	TEAM 1
Winner R25b	TEAM 2
Winner R31b	TEAM 3
Winner R31a	TEAM 4
Winner R28a	TEAM 5
Winner R28b	TEAM 6
Winner R34a	TEAM 7
Winner R34b	TEAM 8
Winner R36b	TEAM 9
Winner R36a	TEAM 10
Winner R35b	TEAM 11
Winner R35a	TEAM 12
Winner R37b	TEAM 13
Winner R37a	TEAM 14
Winner R38ab	TEAM 15
POOL	TEAM 16

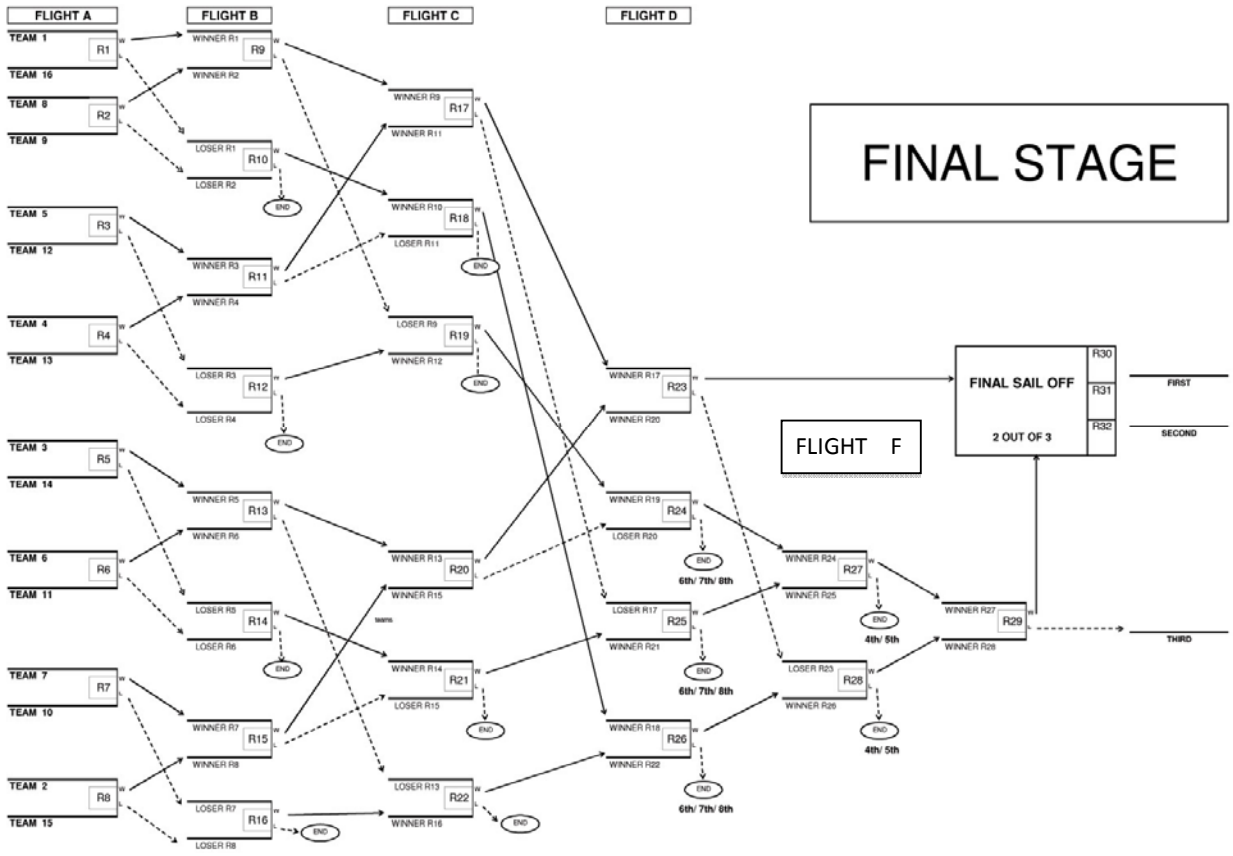
POOL
Loser R34a
Loser R35a
Loser R36a
Loser R37a
Loser R38ab
Loser R34b
Loser R35b
Loser R36b
Loser R37b

The 16th team qualifying for the final stage will be the team with lowest total points in flight D.
 If there is a tie it will be broken by lowest total points in flight C, then in B, then in A.
 If the tie remains teams will be ranked by seeding position.



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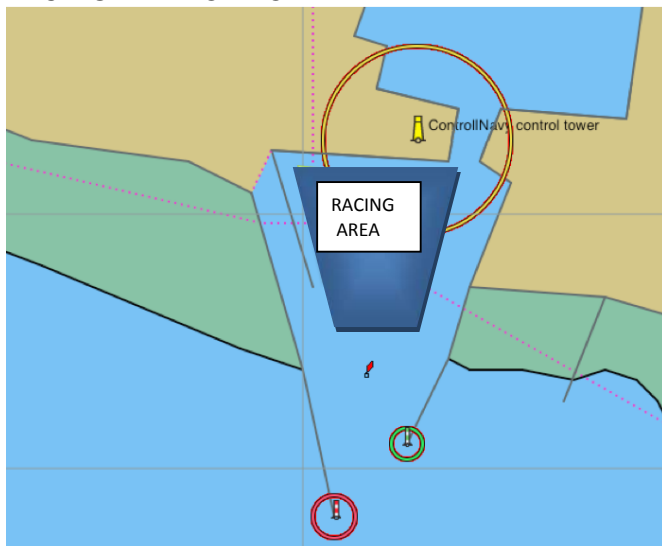
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ATTACHMENT 2 – RACING AREA OPTION 1



RACING AREA OPTION 2





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ATTACHMENT 3 – THE COURSE

