Doha, Qatar

October 23 - 31

ORGANISING AUTHORITY

The Optimist Asian & Oceanian Team Racing Championship 2015 is organised by the Qatar Sailing and Water Sports Federation under the authority of the International Optimist Dinghy Association (IODA).

TEAM RACING SAILING INSTRUCTIONS

ABBREVIATIONS

SP	Rules for which a standard penalty may be applied by the Race Committee
DP	Rules for which the penalties are at the discretion of the International Jury
NP	Rules that are not grounds for protest by a boat

1 RULES

- 1.1 The Regatta will be governed by the 'rules' as defined in The Racing Rules of Sailing.
- 1.2 Appendix D will apply. "D1.1(d) is deleted."
- 1.3 The first sentence of D3.1(d)(3) is deleted and replaced by: "when the boat has broken rule 1 or 2, rule 14 when she has caused damage or injury, or a rule when not racing, either the boat's score may be increased or half or more race wins may be deducted from her team, or no penalty may be imposed."
- 1.4 No national authority prescriptions will apply.
- 1.5 **[NP]** Rule 40 and the preamble to Part 4 are changed as follows:
 - 1.5.1 The first sentence of rule 40 is deleted and replaced by: "Each competitor shall wear a personal flotation device (PFD) according to class rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing."
 - 1.5.2 Add to the preamble of Part 4, after 'racing': ", except rule 40 as amended by SI 1.5.1"
- 1.6 If there is a conflict between languages the English text will take precedence.

2 CAMERAS AND ELECTRONIC EQUIPMENT [NP][DP]

- 2.1 Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organising authority. Information from this equipment shall not be used by a boat as evidence in a hearing. This changes rule 63.6.
- 2.2 The equipment provided, once placed on the boat as instructed by the organising authority, shall not be manipulated by the competitor or the coach in any way, except when so required by the organising authority.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located in the main tent next to the Media Station. Signals made ashore will be displayed from the official flagpole located next to the boat park.
- 3.2 **[NP][DP]** Flag D displayed with one sound means: 'the warning signal will be made not less than 30 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made.

4 CHANGES TO SAILING INSTRUCTIONS

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- 4.1 Any written changes to the Sailing Instructions or the schedule will be approved by the IODA Principal Race Officer (IODA PRO) and posted on the official notice board at least 15 minutes before the warning signal of the race from which it will take effect.
- 4.2 Sailing Instructions may be changed orally by the Race Committee and/or the Umpires before the warning signal, when flag L is displayed. It is the responsibility of each team to obtain any oral instructions given. These changes will also be communicated to the coaches and posted on the official notice board at the end of that day's racing.
- 4.3 Changes to the format of racing and the publication of the schedule of subsequent races made on the water will be announced as described in instruction 4.2.

5 BOATS

- 5.1 **[DP]**Charter boats are mandatory. Competitors shall use the boats according to paragraph 16 of the Notice of Race. Except for the foils, spars, fittings and running rigging, all equipment provided with the charter boats for sailing purposes shall be on the boat while afloat.
- 5.2 **[NP]** Competitors shall report any damage or loss of equipment, however slight, to the Organising Authority's representative immediately after securing the boat ashore.
- 5.3 Failure or loss of chartered equipment will not be grounds for a request for redress. This changes rule 62.1(a).

6 RESERVE

7 FORMAT OF RACING

- 7.1 The event will be a four-boat against four-boat team race. For teams having five competitors, any four may compete in a race, provided that the fifth competitor remains in the area designated for coaches, or ashore, from the warning signal of that race until that race has been completed.
- 7.2 Attachment 1 shows the intended racing format. The format may be modified during the event in a fair and practical way as solely determined by the IODA PRO taking into account the entries, weather conditions, time constraints and any other relevant factors.
- 7.3 The Race Committee with the approval of the IODA PRO may decide not to run a resail if the result of that race is not relevant to the progress of any team to the next round.
- 7.4 For members entering more than one team in one of the team racing events, each team will be identified as follows:
- 7.5 Team 1: yellow ribbon
- 7.6 Team 2: blue ribbon
- 7.7 Team 3: no ribbon
- 7.8 Ribbons shall be displayed from the outboard end of the boom and will be provided at the race office.

8 SCHEDULE OF RACES

DATE	SCHEDULE
Monday, October 26	End of Protest Time limit to hand in confirmation of teams

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Tuesday, October 27	09:00 Coaches and team captains meeting			
	10:00 Team Racing Asian & Oceanian Championship Races			

9 CLASS FLAGS

The class flag will be a white flag with the Optimist class logo.

10 RACING AREAS

Attachment 2 shows the location of the racing area.

11 THE COURSE

- 11.1 The diagram in Attachment 3 shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 11.2 The Race Committee may move marks of the course. Rule 33 will not apply. The moving of a mark by the Race Committee will not be grounds for a boat to request redress. This changes rule 60.1(b).
- 11.3 Courses will not be shortened. This changes rule 32.

12 MARKS

- 12.1 Marks 1, 2, 3 and 4 will be inflatable red cylindrical marks.
- 12.2 The starting marks will be a race committee boat and a cylindrical mark with a staff displaying an orange flag
- 12.3 The finishing marks will be a race committee boat and a cylindrical mark with a staff displaying an orange flag

13 THE START

13.1 Races will be started as follows:

13.2

Signal	Min. before starting signal	Sound Signal	Visual Signal
Warning	3	One	Class flag displayed
Preparatory	2	One	"P" flag displayed
One-minute	1	One	"P" flag removed
Starting	0	One	Class flag removed

This changes rule 26.

- 13.3 The starting line will be between a staff displaying an orange flag on the starting mark on the starboard end and the starting mark on the port end.
- When an individual recall is made, flag X will be displayed for up to 2 minutes. This changes rule 29.1. The Race Committee will try to hail OCS boats to inform them.
- 13.5 The race number and the country codes of the teams to start will be displayed on the stern of the committee boat before the warning signal. When the race number is displayed in this way, it overrides all prior communications, schedules or instructions. The Race Committee may at any time remove a particular race from the published sequence of races and run it at a later time.

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- 13.6 **[NP]** Boats may approach the starting line only after the race number with their team's country code has been displayed. Boats that have finished shall return directly to the waiting area or ashore, keeping well clear of all boats racing and of all boats whose warning signal has been made.
- 13.7 The waiting area windward boundary will be designated by two small inflatable white marks.

14 THE FINISH

The finishing line will be between a staff displaying an orange flag on the finishing mark on the starboard end and the finishing mark on the port end.

15 TIME LIMITS AND ABANDONMENT

- 15.1 The time limit for each race will be 20 minutes.
- 15.2 The Race Committee may abandon a race for any reason. This changes rule 32.
- 15.3 Abandonment may be signalled orally by the Race Committee and/or the Umpires. Abandoned races may be re-sailed, and if so, a new warning signal will be made as soon as practical. This changes rule 32 and Race Signals.

16 UMPIRING AND FLAGS

- 16.1 The event will be umpired in accordance with Appendix D as modified by these Sailing Instructions. Some races may have more Umpires than others as determined by the Chief Umpire.
- 16.2 The required red protest flag shall be attached to the competitor, clothing or PFD and it must be capable of being deployed at arm's length. To signal a protest, the flag shall be displayed from a concealed position to a position where it is visible to the protested boat and umpires.

17 PROTESTS AND REQUESTS FOR REDRESS

- 17.1 For protests and requests for redress other than protests under a rule listed in rule D2.2, competitors shall inform an Umpire or the Race Committee at the first reasonable opportunity upon finishing. The Umpires will, when appropriate, hear protests and requests for redress while afloat.
- 17.2 The protest time limit for competitors is two minutes after finishing and for the Race Committee or Jury it is 60 minutes after the last boat finishes the last race of the day.
- 17.3 A hearing may be declined if it is not relevant to progress to the next round. This changes rule 63.1.
- 17.4 When a hearing ashore is necessary, the schedule will be published no later than 30 minutes after the end of the protest time limit.
- 17.5 Decisions of the Jury will be final as provided in rule 70.5.
- 17.6 Breaches of Class Rules and Sailing Instructions marked **[NP]** or **[DP]** will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches will be at the discretion of the jury.

18 SCORING

- 18.1 For the final series, rule D4 is deleted and replaced by:
- 18.2 Each team will race at least two times. Teams having lost two times are eliminated from the competition and may return ashore. The two remaining teams will race the

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- SAIL OFF. This is a set of three races after which the winner of two of them becomes the winner of the championship.
- 18.3 If the SAIL OFF is not completed, the winner of race 23 will be the winner of the Team Racing event except that if only one race of the SAIL OFF is completed, the winner of that race will be the winner of the Team Racing event
- 18.4 If flight F (semi final) is not completed, the winner of R23 will be the winner of the TR and the winners of R27 and R28 will be ranked using, in order,
- 18.5 the number of races won when the two teams met;
 - (i) the total points scored in all races against common opponents;
 - (ii) the order in which they entered the Team Racing event.

19 SAFETY REGULATIONS [NP][DP]

- 19.1 A boat retiring from a race shall notify a race committee or safety boat before leaving the course and shall complete the relevant form available at the Race Office.
- 19.2 Check-Out and Check-In Procedure. The requirements of this instruction are specified for the safety of the competitors.
 - a) The ID Control Point to check-out and check-in competitors will be located at the Beach Master's office next to the boat park.
 - b) When code flag B is displayed ashore, each competitor must check-out by personally handing their ID card in to the Control Point before launching.
 - c) Immediately upon returning to shore after racing, and no later than the protest time limit, each competitor must check-in by personally collecting their ID card from the Control Point.
 - d) Competitors may be penalised at the discretion of the jury for each race of the day on which they fail to comply with instructions 20.3 b) and c). This changes rule 63.1.
- 19.3 Competitors who require assistance shall blow a whistle or wave the paddle or one arm. The race committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes rule 62.1(a).
- 19.4 When the Race Committee displays Flag V with repetitive sounds, all official and support boats shall monitor the Race Committee channel for search and rescue instructions.

20 REPLACEMENT OF EQUIPMENT [DP]

- 20.1 Substitution of damaged or lost equipment will not be allowed unless approved in writing by the race committee. Requests for substitution shall be made to the race committee at the first reasonable opportunity.
- 20.2 Substitution of damaged equipment may be permitted provided that the relevant form has been completed at the Race Office and both the damaged and the substituting equipment has been inspected by the Measurement Sub-Committee.
- 20.3 If the substitution was made on the water between races, both the damaged and the substituting equipment shall be presented to the Measurement Sub-Committee after the end of the day's racing. The substitution is subject to the approval of the race committee given retrospectively.

21 EQUIPMENT AND MEASUREMENT CHECKS [NP][DP]

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21.1 A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race or the Sailing Instructions.

22 OFFICIAL AND ACCREDITED BOATS

22.1 Official boats will be identified as follows:

BOAT	FLAG
Race Committee Signals Vessel	White flag with black 'RC'
Race Committee Boats	White flag with black 'RC'
Jury Boats	White flag with black 'Jury'
Rescue Boats	White flag with black 'S'
Equipment Inspector Boats	White flag with black 'M'
Support Boats	White flag with black National Letters
Medical Boats	White flag with black 'Logistics'

22.2 Accredited boats will be identified as follows:

Press	White flag with black 'Media'
Spectator and VIP Boat	Traditional wooden, double level Dhow

23 SUPPORT BOATS [NP][DP]

- 23.1 Support boats will be at the disposal of the Organising Committee, which will reallocate them to teams participating. This allocation will be done according to the number of boats available and the number of teams participating. The allocation will be announced at the Coaches' meeting.
- 23.2 Coach boats shall remain anchored within the designated waiting area shown on the diagram in Attachment 2 unless otherwise directed by the Race Committee and/or Umpires for safety purposes.
- 23.3 The penalty for failing to comply with paragraph 15 of the NoR and/or this instruction may result in the disqualification from the race/s in which the infringement took place, or other penalty at the discretion of the Jury, of the team associated with the infringing boat.

24 PRIZES

Prizes will be awarded in accordance with the Notice of Race.

25 DISCLAIMER OF LIABILITY

25.1 Competitors participate in the regatta entirely at their own risk and responsibility. See rule 4, 'Decision to Race'. The Organising Authority and any other party involved in the organisation of the Championship will accept no liability whatsoever for any injury, damage, loss or claim, whether personal or material, incurred by or inflicted to participants before, during or after the Championship.

26 INSURANCE [NP]

The purchase of third-party liability event insurance from IODA is mandatory. The purchase will be arranged through the IODA at a cost of USD 12 per competitor and per coach, payable to the organisers upon arrival, before registration is completed. Details of this

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insurance can be found at: http://www.optiworld.org/uploaded_files/thirdParty.pdf_1948_en.pdf
The deductible on any claim is Euro 150.

27 RIGHT TO USE NAMES AND LIKENESS

In participating in this championship, a competitor automatically grants to the organising authority, the IODA and the sponsors of the championship the right in perpetuity to make, use and show at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of him or her during the championship, and of all of his or her material related to the championship, without compensation.

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TEAM RACING SAILING INSTRUCTIONS

Stage C

ATTACHMENT 1 - FORMAT OF RACING

Stage A

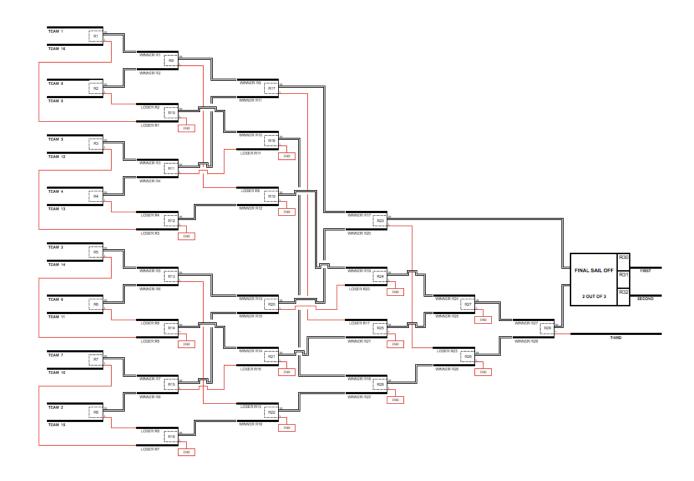
Note: This attachment must be read together with the relevant grid.

Stage B

Stage A		Stage D			Stage C			
R1	Team 1		R9	Winner R1		R17	Winner R9	
	Team 16		K9	Winner R2			Winner R11	
R2	Team 8		D10	Loser R2		R18	Winner R10	
	Team 9		R10	Loser R1			Loser R11	
R3	Team 5	-	D11	Winner R3		R19	Loser R9	
K3	Team 12		R11	Winner R4			Winner R12	
R4	Team 4		R12	Loser R4		R20	Winner R13	
N4	Team 13		NIZ	Loser R3		NZU	Winner R15	
DE	Team 3		R13	Winner R5		D24	Winner R14	
R5	Team 14		K13	Winner R6		R21	Loser R15	
R6	Team 6		R14	Loser R6		R22	Loser R13	
NO	Team 11		N14	Loser R5		NZZ	Winner R16	
R7	Team 7		R15	Winner R7				
K/	Team 10		K15	Winner R8				
R8	Team 2		R16	Loser R8				
NO	Team 15		KIO	Loser R7				
Stage	D		Stage E			Stage F		
R23	Winner R17		R27	Winner R24		R29	Winner R27	
1123	Winner R20		1127	Winner R25		1123	Winner R28	
R24	Winner R19		R28	Loser R23				
NZ4	Loser R20		NZO	Winner R26				
R25	Loser R17							
NZ3	Winner R21							
R26	Winner R18							
NZU	Winner R22							
Final SAIL OFF								
R30, F	R30, R31, R32			/inner R23 vs. Winner R29				

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ATTACHMENT 2 – RACING AREA



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ATTACHMENT 3 – THE COURSE

