



## NOTICE OF RACE



### XXIV INTERNATIONAL VILA DE PALAMÓS OPTIMIST TROPHY 8th NATIONS CUP

February 14 – 17, 2013

Club de Vela Palamos, Catalonia, Spain



Club de Vela Palamós and Club Nàutic Costa Brava is proud to host the XXIV INTERNATIONAL VILA DE PALAMÓS OPTIMIST TROPHY, 8th NATIONS CUP. This Regatta is part of the OPTIMIST EXCELLENCE CUP 2013.

#### 1. Date and Venue

The XXIV INTERNATIONAL VILA DE PALAMÓS OPTIMIST TROPHY - 8th NATIONS CUP will be held from February 14 - 17, 2013.

The venue will be near the Club de Vela Palamos, Palamos, Catalonia, Spain.



#### 2. Organization and Rules

2.1 The regatta will be organized by the, Club de Vela Palamos, Club Nàutic Costa Brava, Real Federación Española de Vela and Federació Catalana de Vela and will be sailed under the "rules" as defined in the current Racing Rules of Sailing (rules) and the current International Optimist Class Rules. If there is any conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions will take precedence (modifies RRS 63.7).

2.2 Appendix P will apply.



#### 3. Advertising

3.1 Competitors must comply with ISAF regulation 20.

#### 4. Eligibility

4.1 Competitors are required to be current members of the Optimist organizing authority for the country of their residence and have been born on or after January 1, 1998.

4.2 The regatta will be open, except 10 entries for the sailors belonging to Club Vela Palamós and 10 entries for sailors from AECIO. The rest of spare entries are for other sailors until a **maximum number of 360 participants have been reached altogether**. Entries will be accepted by the first come – first served principle.

4.2.1 Sailors from the Federació Catalana de Vela must be members of Group-1 and/or top 10 of Group 2 (1<sup>st</sup> of January Ranking) or being registered into the International Clinic organized by the Club de Vela Palamos and Winner Optimist.

4.3 All entries shall meet the requirements of ISAF Regulation 19 - Eligibility Code.

#### 5. Entries

5.1 Entries for competitors and coaches shall be done online via the regatta website. Each sailor will have to pay an entry fee for the event, coaches will not have an entry fee.

<http://www.palamosoptimisttrophy.org>





5.2 The limit date for registration will be on January the 14th at 6 p.m. A non payed entry will be considered not registered.

5.3 Competitors shall provide the following documentation prior to completing registration formalities on site:

- Parental/legal Guardian Assent - Medical Treatment Permission (Form 1) - or on their parents medical insurance policy.

5.4 The regatta **entry fee will be Euro 90**.

5.5 Payments will be done by credit card as established on the regatta web page.

5.6 The Organizing Committee has the right to accept entries received after the entry deadline.

5.7 There won't be any entry fee refund from the 4th of February.

## 6. Registration of Competitors and Coaches

6.1 Each competitor or his/her coach or designated adult and coaches shall register and sign the registration form at the registration office (which will be announced further on) before 20h on 14th February 2013.

6.2 Registration is subject to the presentation before that time of the following documents:

- Parental Authorization (Form 1)
- A valid third-party liability insurance, with a minimum cover of 300.500 €

6.3 Coaches and team support personnel shall provide the following documentation prior to completing registration formalities on site:

- Original Coach Entry Form (Form 2)
- Boat Driving License (if applicable)
- Evidence of valid third party insurance

## 7. Format of the Regatta

In the event that there are more than 80 sailors registered, the fleet will be divided into divisions.

Sailing Instructions will define the Racing format details.

## 8. Schedule

Thursday, February 14

10.00 – 20.00 Sign in at registration office

Friday, February 15

**09.00 Mandatory coaches meeting**

10.30 Harbour start

11.00 Warning signal for 1st race of the day

Saturday, February 16

10.00 Harbour start

11.00 Warning signal for 1st race of the day

Sunday, February 17

10.00 Harbour Start

11.00 Warning signal for 1st race of the day

15.00 No warning signal after this time

After racing Awards ceremony

## 9. Racing Area and Course

9.1 The Sailing Instructions will show the location of the racing area and will also describe it.

9.2 The course will be the Optimist Trapezoid with a gate at the leeward mark.





## 10. Scoring

- 10.1 The Low-Point Scoring System, Appendix A, will be used as modified by NOR 10.2.
- 10.2 A competitor's worst finish may be discarded when five or more races have been completed; and a competitor's next worse finish may be discarded if ten or more races have been completed.
- 10.3 One race is required to complete the regatta.



## 11. Sailing Instructions

Sailing Instructions will be available at the onsite sign in.



## 12. International Jury

Protest will be handled by an international Jury as per RRS 91(b)

## 13. Personal buoyancy

Each competitor must wear a personal flotation device (PFD), properly secured at all times, from dock to dock except when temporarily adding or removing clothing. Wet suits, dry suits and inflatable Personal Flotation Devices do not constitute adequate personal buoyancy. Failure to wear one will result in a penalty up to and including disqualification.



## 14. Safety

- 14.1 Each competitor must wear a personal flotation device (PFD) in accordance with CR 4.2 (a) properly secured at all times while on the water except when temporarily adding or removing clothing. This changes RRS 40.
- 14.2 All coaches and supporting personnel will be requested to be equipped with and use the life jacket and to carry with them a VHF radio, out on the water.



## 15. Designated Adult

- 15.1 Parents not personally attending any part of the event must ensure that another adult is authorized and designated.
- 15.2 Each competitor shall indicate in writing **(Form – 1)** and a parent or adult representative that shall responsible for the competitor throughout the event.
- 15.4 The designated adult will accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.



## 16. Support boats

All support boats shall register and shall prominently fly a National flag or a white flag with the three letter national code of the countries it supports, from a staff, at all times while in the water. No other flags shall be displayed by support boats.

Registered coach boats may enter the corridor from the starting line to the finishing line. All other boats must stay outside the course area at all times. It is the intention of this provision that each sailor shall have a support boat on the course.



## 17. Measurement

- 17.1 Competitors are allowed to use only one hull, dagger board, rudder (with tiller and extension), mast, boom, sprit and sail during the regatta. Substitution of such equipment shall occur only with the Jury's approval.



17.2 There may be measurement on the water following each race. A number of boats may be spot checked after finishing the race.



17.3 All equipment may be subject to a safety check.

## 18. DISCLAIMER OF LIABILITY



18.1 Competitors take part in all races at their own risk. The Club de Vela Palamós or any of their officials or representatives or the sponsors or their officials or representatives are not responsible, under any circumstances, for any damage, loss or injury either ashore or on the water either to persons or equipment, which may result.

18.2 Participation in this event, supporting events and in each race in them is at the sole discretion of the sailor and at his/her own risk. Notice is drawn to RRS 4. **(See FORM 1)**



## 19. Trophies

Overall: 1st through 10<sup>th</sup>

12 and under: 1st through 3<sup>rd</sup>

13 and over: 1st through 3<sup>rd</sup>

Top girl: 1st through 3rd



## 20. Nations Cup

### 20.1 Scoring system

For the Nations Cup, the total points without discard of the 4 sailors with the best individual cumulative results from each country in all races which count will be added to give a team total score

The Trophy will be awarded to the country with the best team total score.



### 20.2 Trophies

Catalan Government Trophy 1st team



## 21. Additional information

For additional information contact:

Club de Vela Palamós, e-mail: [info@palamosoptimisttrophy.org](mailto:info@palamosoptimisttrophy.org)



## 22. Charter boats and Coach boats

Contact: WINNER BOATS, e-mail: [winner@winner.es](mailto:winner@winner.es)

Tel: +34 972 31 51 00



## 23. Accommodation

ESPAI DE VIATGES S.L.

c/ Didac Garrell 4

17230 PALAMOS - GIRONA - SPAIN

Phone: + 34 972 31 42 88

Fax: + 34 972 60 20 16

E-mail: [palamos@espaideviatges.es](mailto:palamos@espaideviatges.es)



## 24. Training

All teams that wish to come and train in Club Vela Palamos before or after the regatta must CONTACT the Club in order to register. ([cvp@cvpalamos.org](mailto:cvp@cvpalamos.org))



## 25. Effective Date

This Notice of Race was posted on October 2012.