



XX TROFEU VILA DE PALAMÓS

4th INTERNATIONAL KABB OPTIMIST TROPHY

4th NATIONS CUP

February 13 – 15, 2009

Club de Vela Palamos, Catalonia, Spain

Federació Catalana de Vela, Club de Vela Palamós, and KABB Optimist Training is proud to host the 4th International KABB Optimist Trophy – 4th Nations Cup –XX Vila de Palamós

1. Date and Venue

The 4th International KABB trophy- 4th Nations Cup will be held from February 13-15, 2009. The venue will be near the Club de Vela Palamos, Palamos, Catalonia, Spain.

2. Organization and Rules

2.1 The regatta will be organized by the Federació Catalana de Vela, Club de Vela Palamos, and KABB Optimist Training and will be sailed under the “rules” as defined in the current Racing Rules of Sailing (rules) and the current International Optimist Class Rules. If there is any conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions will take precedence.

2.2 Appendix P will apply.

3. Eligibility

3.1 Competitors are required to be current members of the Optimist organizing authority for the country of their residence and have been born on or after January 1, 1993.

3.2 Competitors must have completed and submitted all parts of the entry form together with all fees, postmarked prior to February 1, 2009. Entering on site will not be permitted. All sailors registered for the International Optimist Clinic are automatically registered for the event and do not need to complete separate registration. Registration is included in the clinic entry fee.

3.3 The regatta will be open to all participants in the International Optimist Clinic 2009, 60 entries from the Federació Catalana de Vela, 5 sailors from Club de Vela Palamos, and sailors from Spain and other countries until a maximum number of 250 participants has been reached. Entries will be accepted by the first come – first served principle.

4. Format of the Regatta

In the event that there are more than 80 sailors registered, the field may be divided into divisions.

5. Schedule

Thursday, February 12
17.00 – 20.00 Sign in at Aparthotel Palamós

Friday, February 13
08.30 – 10.30 Onsite sign in
10.00 Coaches' meeting
10.30 Competitor's meeting
11.00 Harbour start
12.00 Warning signal for 1st race of the day

Saturday, February 14
08.30 Coaches' meeting
09.00 Harbour start
10.00 Warning signal for 1st race of the day

Sunday, February 15
08.30 Coaches' meeting
09.00 Harbour Start
10.00 Warning signal for 1st race of the day
15.00 No warning signal after this time
After racing Awards ceremony

6. Racing

The racing area will be described in the Sailing Instructions. Palamos Bay offers many different options for racing and the Race Committee will find the best area.

7. Course

The course will be the Optimist Trapezoid with a gate at the leeward mark.

8. Scoring

8.1 The Low-Point Scoring System, Appendix A, will be used as modified by SI 8.2.

8.2 A competitor's worst finish may be discarded when five or more races have been completed; and a competitor's next worse finish may be discarded if ten or more races have been completed.

8.3 One race is required to complete the regatta.

9. Sailing Instructions

Sailing Instructions will be available at the onsite sign in.

10. Protests

A boat intending to protest shall display a red flag. This instruction changes rule 61.1(a)(2).

11. Personal buoyancy

Each competitor must wear a personal flotation device (PFD), properly secured at all times, from dock to dock except when temporarily adding or removing clothing. Wet suits, dry suits and inflatable Personal Flotation Devices do not constitute adequate personal buoyancy. Failure to wear one will result in a penalty up to and including disqualification.

12. Safety

12.1 Parents/guardians are responsible for the safety of the sailor. It is the responsibility solely of the parent(s) of the sailor to decide if the sailor should sail in the weather and sea conditions that might arise during the event. Parents not personally attending any part of the event must ensure that another adult is authorized and designated to make these decisions for their sailor.

12.2 A whistle must be attached with a lanyard to clothing. Competitors not complying with this instruction shall be given a penalty of five (5) points for each race in which they have failed to observe this instruction.

13. Support boats

All support boats shall register and shall prominently fly a designated flag from a staff, supplied by the Race Committee, at all times while in the water. Registered coach boats may enter the corridor from the starting line to the finishing line. All other boats must stay outside the course area at all times. It is the intention of this provision that each sailor shall have a support boat on the course.

14. Measurement

14.1 Competitors are allowed to use only one hull, daggerboard, rudder (with tiller and extension), mast, boom, sprit and sail during the regatta. Substitution of such equipment shall occur only with the Jury's approval.

14.2 There may be measurement on the water following each race. A number of boats may be spot checked after finishing the race.

14.4 All equipment may be subject to a safety check.

15. Liability

Participants compete entirely at their own risk. A waiver must be signed by all competitors and their parent/guardian.

16. Entry fee

16.1 The regatta entry fee will be Euro 80 (non clinic participants). Entry fee for clinic participants is included in the entry fee for the clinic.

16.2 The entry forms must be sent with the corresponding entry fee. Only CASH or BANK TRANSFER will be accepted. Bank: Banc de Sabadell Bank account: 0081-0117-86-0001097216
Swift code: BSAB ESBB
IBAN:ES 980081-0117-86-0001097216.

16.3 The Organizing Committee has the right to accept entries received after the entry deadline.

17. Trophies

Overall: 1st through 10th
12 and under: 1st through 3rd
13 and over: 1st through 3rd
Top girl: 1st through 3rd

18. Nations Cup

18.1 Scoring system

For the Nations Cup, the total points without discard of the 4 sailors with the best individual cumulative results from each country in all races which count will be added to give a team total score.

The Trophy will be awarded to the country with the best team total score.

18.2 Trophies

Catalan Government Trophy 1st team

19. Special award

The Palamós Town Hall and the CV Palamos will give the MARTINET special award to the fleet bravest- fighter sailor

20. Designated Adult

20.1 Each competitor shall indicate in writing a parent or adult representative that shall be responsible for the competitor throughout the event.

20.2 It is the competitor's parents (or designated adult) decision to enter the regatta and to start or continue any race. The adults supervising the competitors are ultimately responsible for the risks.

20.3 The designated adult will accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.

21. Additional information

For additional information contact:

Club de Vela Palamós, e-mail: cvp@cvpalamos.org

Pep Subirats, e-mail: p.subirats@fcv.cat

Kenneth Andreasen, e-mail: kafl@earthlink.net

22. Charter boats

Charter boats will be available from Winner Optimist. Please contact Paul Depoorter at winner@winner.es

23. Accommodation

We can arrange accommodation for you at the Apart-Hotel Palamos. This hotel is located a 12 minute walk from the Yacht Club. Contact Kenneth Andreasen for details.

24. Effective Date.

This Notice of Race was posted on 17 October 2008.